



CENTRAL TEXAS AREA NARCOTICS ANONYMOUS  
AREA SERVICE COMMITTEE MEETING MINUTES  
August 6, 2023

Facilitator – Monica C. – here  
Co-facilitator – Sean F. – here  
Recorder – Nick F. – not present  
Co-Recorder – Alex F. – here  
Treasurer – James M. – here (late)  
Co-Treasurer – Cristina D. – here (late)  
RCM I – Cleto M. – here  
RCM II – David P. – here  
Policy Chair – Tim S. – here  
PR Facilitator – Ann Marie M. – here  
H&I Facilitator – David A. – here  
Common Welfare Facilitator – Angela O. – here  
Activities – Kevin B – here  
Lit Bank – Richard – here

2:00 Moment of silence

Service prayer read by Cleto M.

12 Traditions read by Mason

12 Concepts read by Richard

2:09 Roll call taken

27 groups out of 40 present → consensus for this month is 21 groups

2:14 Last month's minutes approved by the body

2:15 Administrative body reports

\*\*\*Proposal that next month (Sept)'s ASC be held 9/10/23 – APPROVED \*\*\*

1) Facilitator (Monica C) – read report, emphasized again Section 2 of the Policy re:  
ASC standard of conduct

- a. Per Facilitator, this month's minutes should reflect (and hereby do) the election of Alex F as co-recorder following Patsy P's resignation
- b. Per CTANA policy, Facilitator, Co-Facilitator, Treasurer, and Recorder must be listed on the minutes with full first and last name to be added as authorized

signers on bank account; however, the minutes posted to the website will be redacted.

➔ Report approved by the body

2) Co-Facilitator (Sean F) read report.

- a. Please announce subcommittees at groups – all subcommittees need support.

➔ Report approved by the body

3) Co-Recorder (Alex F) – has no report (Recorder is absent)

- a. Reminder that email updates for GSRs, etc. should be sent to

[Recorder@ctana.org](mailto:Recorder@ctana.org), with [Webmaster@ctana.org](mailto:Webmaster@ctana.org) cc'd

➔ Report approved by the body

4) Treasurer report (James) – for numbers, see attached report below

➔ Report approved by the body

5) RCM I (Cleto) – posted a few functions: RSC is next Saturday in Alvin, TX (9/13), anyone may attend

➔ Report approved by the body

6) RCM II (David P) – reminder that, if we want them to take anything to Region, we need to let them know

- a. Ruben P asked if they will be attending in person, Cleto said he doesn't know yet, but will try to go

➔ Report approved by the body

2:34 Group Reports – reminder from Facilitator that this is an opportunity to be recognized ask for support from the Area. GSRs should announce groups that need support in their own meetings.

- Another Chance (Mattie) – not getting enough 7<sup>th</sup> Tradition, barely making rent. Just got a bank account after issues with previous treasurer. Also not enough chairpeople consistently, but people do step up for individual meetings. Meets 7-8:30 in Killeen every night except Wednesday.
- Clean and Free (Andrea) – donated to Area and World this month, consistent attendance, doing well.
- Courage to Change (Stephanie) – getting newcomers, buying literature. Candlelight meeting at RFATX.
- DesencadeNAdos (Danny) – one bilingual meeting on Tuesday, all are welcome!! Friday night is Spanish-only (Friday meeting is member of the Area de Habla Hispana). Some Spanish-speaking members went to CTC for the first time, exciting.
  - o Asked that ASC minutes be translated
- Far Out Group (Randy) – Mondays in Leander, meetings going well, speaker meeting once a month. Out of town speaker for this month 8/7 with food
- Free at Last (Leonard) – has new business to be brought up later

- Here and Now (Tony C) – meets Wednesdays, moved to new location, donating to Area, meeting doing well.
- Hill Country (Tom) – meet Thursdays 8 pm, has consistent attendance from an Oxford house, so needs support (GSRs, please bring to groups)
- Men at Work (Mike) – meet at RFATX Thurs 7:30-9, meeting is usually big, donating to Area this month.
- Miracles and Solutions (Everett) – 8/31, 9/1, 9/2 (Thurs-Sat) is 30th Anniversary event (banquet at 5pm Saturday), will also donate a room to Area for NAWS Unity Day (worldwide moment of silence and prayer). Please spread the word!
  - o Group is at 2207 E MLK Blvd
  - o Anniversary is at Holiday Inn on Middle Fiskville Rd, have bought out hotel, rooms \$99 with no cutoff date – contact Everett to book
- New Beginnings (Amy) – 6:30-7:30 every night at RFATX, donated to Area
- Non-Fiction Addiction (Cleto) – 2 meetings a week (M/Th at 7 p.m. in Burnett, TX), only two trusted servants/consistent members, attended frequently by treatment centers, NEED support (consistently comes to Area)
  - o Asking for an outreach group from Area/Austin-area members; noted minimal rural involvement with Area and also some stigma/distrust – thinks more support from Area may help with integration
  - o LOTS of newcomers needing support, please bring back to the groups and encourage people to attend.
    - Monica suggested Activities hold an activity in Burnett, Kevin (coordinator) said it's possible; he will get in touch with Cleto
      - Activities (per Kevin) is currently brainstorming for a Recovery Awareness event and a Halloween event
    - Per Cleto, Marble Falls is having an event, but again, no real integration with Area
- Our Gift (Michael) – Jarrell group is little but growing, 8-9 people consistently, will plan to donate next month
- Out and About (Robert) – Mondays at Galano Club (small room), small but stable meeting
  - o Ann Marie (PR) asked that they support the booth at Pride
- Primary Purpose (Daniel) – still meeting in Cedar Park on Saturdays 7 pm, diverse group with newcomers to 25 years. Consistently people with cleantime there, meeting size varies widely (8-30 people). Issues with AC, but planning on getting there early to start AC, think that will help with attendance. No donation this month bc of timing of group conscience, will donate next month.
- Regeneration X – doing well, candlelight on Saturdays, meditation last week of the month.

- Austin Powerless (Davy, tardy) – meets 2525 Wallingwood Dr, used to meet 2x/week, but now only Mondays 9:15-10:15 pm, 6-9 people consistently attending, planning to donate to Area since rent went down.
- Right Stuff (Alex F) – consistent attendance, lots of newcomers attending looking for sponsors, good cleantime attendance, but always glad to have support and attendance
- Searching and Fearless Women (Jessica) – good attendance, co-hosting event Sunday 9/20 (70s karaoke night at RFATX).
- Serenity the NA Way (Tony) – Tues 7:15-8:30 donating to area, grown from 3 to 6 homegroup members over the last year, consistent treatment attendance, doing well.
- Spiritual Mechanics () – Lots of newcomers, good attendance.
- Spiritual Seekers (Anel) – Fridays at 7:30 at Gethsemane Lutheran, anyone who wants to celebrate cleantime there on a Friday night can. Usually fellowship afterwards. Donated to area this month.
- Turnaround Taylor (Richard) – 7:15 on Thursdays, AA group building (“roommate agreement” addressing previous traditions issues). Good meeting, welcome visitors but don’t necessarily \*need\* support
- Tuesday at Last (Diane) – good attendance, meeting Tues 7-8 at RFATX, donated to area.
- Wild with Flair (James) – 10:30pm T/Th/Sa in-person at RFATX, every other night on Zoom, good attendance (especially Saturdays)
- Just for Today (Mark) M-F 12p-1pm at RFATX, decent attendance, lots of newcomers, new Alt GSR Jean Marie. Need books for newcomers (and also attendance from women especially bc of newcomer demographics), soon adding a 7 a.m. M-F morning meeting and will need chairpeople!!
- Just for Tonight (Mason) – RFATX W/F 7-8, treatment center consistently attends on Wednesdays, so lots of newcomers. Bought lit this month, will start donating to Area next month.
- 12 Steps to Freedom (Stephen) – new meeting; 1st meeting was 8/5/23 at RFATX (1st Step, Ruben spoke). They meet 7:30-9 p.m. on Saturdays. Focus is 12 steps with a speaker, then discussion. Very structured format. Needs trusted servants!!
- Never Alone – no report
- New Hope – no report

3:17 Open Forum – Facilitator requested a workshop on Consensus-Based Decision Making (CBDM) led by Chris H and Ruben P. (TBRCNA Co-Facilitator and Alt. Delegate)

**NOTES FROM WORKSHOP:**

- Policy guides us. CBDM helps with updating Policy.
- Any Area member can bring a proposal, but ONLY GSRs can vote.
- A proposal is NOT the same as a motion, and consensus is NOT a vote.

- Discussion is about understanding and unity; facilitator ultimately decides whether the discussion is productive in reaching consensus
  - NOT about opinion, it's about understanding what has been proposed
  - Facilitator's role is not to moderate arguing, but to facilitate understanding
- Vote options: assent (agree), assent with reservations (agree, have issues but it's not enough to not move ahead), stand aside (NOT a no vote, says I don't agree but I don't have a reason to block it), block (bringing a Tradition or Concept to directly oppose. Kills the proposal immediately if substantiated). (Note - Attendees can also appeal decision of Facilitator). ASC attendees should familiarize themselves with these terms/actions.

\*Facilitator asks, "Do I have consensus?" At that point, anyone who does NOT fully assent raises their hand.

#### QUESTIONS:

- Leonard – How do I bring up other points as consensus is being reached? (ex. if we're talking about cats and I feel like we're missing other points such as dogs, ferrets, lizards, etc., what do I do?) → led to explanation of voting options (see above)
- Andrea – Request for audio recording and/or PowerPoint for new GSRs about CBDM.
- Stefan – Request for PowerPoint for GSRs to be able to present to their groups to explain transition from Robert's Rules of Order to BCDM.
- Ann Marie – Request for another workshop and possibly a CBDM "Coach" or someone to clarify application of CBDM.
- Chris H – Pointed out that, per Area Service Guidelines suggestion, GSRs should also attend Region.
- Richard – Pointed out that compromise should be an element of CBDM in this Area (ex. Quakers CBDM model).
- Tony – Request for definition of "moral tradition" – proposal is dead if it directly conflicts with Tradition, Concept, or fundamental moral position

4:00 p.m. CONSENSUS FOR NEW BUSINESS PROPOSALS. (NOTE - 24 groups still in attendance. We have enough for consensus.)

- 1) Proposal (Richard) – Request to add Section 3.1.1 in Policy, requiring attendees to email in a written proposal at least 1 day before the ASC meeting. Those who do not send it in time will be put off until the next month. Proposals can also come up organically during the ASC meeting.

- a. Monica – proposed 1 full week (Saturday prior) instead of 1 day (i.e. 9/3/23 for next ASC) so she can distribute
- b. Cleto – also suggested 7 days prior. Agrees with proposal but wants earlier deadline so Facilitator can timely send report
  - i. NOTE: Proposals should be emailed to [asc@ctana.org](mailto:asc@ctana.org).
- c. Discussion of deadline options – one week, five days, 72 hours – five days (suggested by James) was agreed upon
- d. “Section 3 – Consensus Based Decision Making... 3.1.1 Proposals shall be submitted by email to [asc@ctana.org](mailto:asc@ctana.org) five days before the scheduled ASC meeting to be considered for a spot on the New Business agenda.”
- e. [3.1.2 Proposals made during the ASC meeting will automatically be brought up for consensus as to whether the proposal will be discussed during the current ASC meeting or brought up the next month.] – CONFIRM WITH FACILITATOR

4:13 Request to establish consensus – Proposal passes, BUT:

- ➔ Leonard (Free at Last GSR) – assent with reservations, requested that his concern be noted: Requests an amendment to 3.1.2 that proposals made DURING ASC can ONLY be brought up during New Business

Facilitator took straw poll – does area agree with Free at Last’s modification? – YES. THEREFORE, Proposal passes with modification.

- ➔ Policy Chair (Tim S) will update policy for distribution by next ASC

2) Proposal re: removal of Rhythm of Recovery group from CTANA website

- a. GSR of ROR group (Paul) addresses the body (invited by facilitator to address the proposal). Group was established in 2020. They found out that they were removed “without prior engagement or due process.” They believe they should not have been dropped, especially without notice or contact. Now requesting a grievance presentation to respond to assertions of violations of 8th and 4th concepts, and 8th and 12th traditions.
  - i. Further asking for a “select committee” to review their case (made up of ROR members and ASC members). Goal is to reinstate group and “strengthen the bond of our recovery community.”
- b. Questions:
  - i. Monica – location, date, and time of meeting? Wednesday 6:30-7:30 p.m. at 195 FM 1441, Bastrop, TX 78602 (Cherokee Recovery Village facility, attached to a sober living). Rent paid? Paid in volunteer hours. What is his role in CRV? He is the founder.
    - 1. Section 8 of Policy read (“Member Groups”)
  - ii. Chris H – clarification – main issue is affiliation with facility



- iii. David – Asked Paul about his affiliation with the facility, with RFATX as example. Is it possible for the meeting to be independent from the facility? (Response – The affiliation issue is not relevant because this is an Alano club. His role as GSR is not because of his role as CEO of the CRV.)
  - 1. Sean clarified – Question is, can the group be fully self-supporting? (Response – yes). David: i.e. – if you moved, would this still work? (Response – yes)
- iv. Monica – Are you receiving any funds or monetary compensation if NA holds a meeting at your place? (Response – no salary, only volunteer or donation).
- v. Richard – How many members of this committee are officers in RFATX? – zero, and no affiliation between CTANA and RFATX (per Facilitator)
- vi. Mattie – Can anyone from the outside come in, or only self-identified addicts? (Response – open to the public).
- vii. Stephanie F – CRV website states that they sell Kratom (bestseller) and practice SHITology. Do you share those materials (including e-Book) in your NA meeting? (Response – no, only NA materials in the NA meeting. Harm Reduction model is used at CRV).
- viii. Scott P – Clarification: Per policy 8.2 sec. B, last year, Outreach Committee did do that. There is a new proposal for the Outreach Committee not to have as much power and to have to bring it back to ASC, but that will be discussed at next ASC. The minutes do not reflect that Outreach brought the decision to the body, although per attendees' memory it did occur. 2nd concept dictates that the subcommittees answer to the ASC. However, OC policy does not directly state that (again, will be addressed at next ASC).
- ix. Ruben P – Asked about their experience of the meeting. (Response – have cleantime because of that meeting. They only read from NA lit. Meetings are a separate entity.)

4:57 – Chris: Website is concerning, but that's not the discussion at hand. Danny: agrees that we need to help and support the group.

Suggestion: Take off CRV website that they are affiliated with NA, and CTANA will put them back on our website.

Monica: Give ROR group a chance to address concerns, GSRs take it back to their groups for discussion in preparation for potential consensus next month, will be added to New Business to ASC agenda for next month, and table for now.

#### 5:02 SUBCOMMITTEE REPORTS

Activities (Kevin): Unity Day is coming up (9/2/23 at M&S Anniversary), probably 2 hours of worldwide speakers, then moment of silence and Serenity Prayer with whole world. Cold brew and donuts. Asking ASC for \$500. Ideas for Recovery Awareness Month and Halloween upcoming. CONSENSUS NOW AT 17 → Report approved.

H&I (David): May be new H&I opportunity at Bluebonnet Recovery. Austin Pines Ranch is another potential near Bastrop. Need new coordinator at Cross Creek as of NOW – urgent, GSRs should bring to groups (drug test required for facility). Need co-coordinators for CTTC, University High, Willow Springs. No request for \$. Were storing lit at RFATX temporarily. → Report approved.

Common Welfare (Angela): Met on Zoom (8 people) – have drafted pamphlet (under review). Want to plan learning day with Activities. → Report approved.

Literature Bank (Richard): SUBCOMMITTEE NEEDS HELP – RICHARD IS RESIGNING IN 4 MONTHS (whether the position has been filled or not). GSRs need to announce!! Also, all lit must be paid by money order now. Asking Area for rent/storage at RFATX (\$20) plus NAWs lit order. Working on Lit Bank Subcommittee policy (again, ALONE bc no one else is on the subcommittee). Lit Bank is NOT a creditor, so don't ask for money or fronts. → Report approved.

Public Relations (Ann Marie): Outreach Coordinator position is OPEN. Registered for Pride festival – announce to meetings that we NEED volunteers for the booth (9/12/23). Poster Day delayed. Requested funds for registration. There will be a proposal re: Outreach Committee next ASC. → Report approved.

Monica – GSRs take proposal to groups this month (see email) – PR proposes adding ASC consensus before removing any groups from meeting schedule.

#### 5:22 ANNOUNCEMENTS:

Cleto – New Way of Living group – NA Fish Fry in Johnson Park, Marble Falls on 9/16. Please arrive by 8:30 a.m. for FUN!

#### 5:23 MEETING ADJOURNED