# CENTRAL TEXAS AREA NARCOTICS ANONYMOUS AREA SERVICE COMMITTEE MEETING MINUTES

# December 2022

# This meeting was held on December 4th virtually & in-person at 6809 Guadalupe St. Austin.

Meeting opened by Facilitator at 2:05PM. Moment of silence observed, followed by the service prayer, 12 traditions, and 12 concepts.

# **Attendance**

Secretary took administrative, subcommittee chair, and group attendance.

Executive Body	<u>Servants</u>	Present	
Facilitator	Todd B.	Present	
Co-facilitator	Victor F.	Present	
Recorder	Kristin G.	Present	
Co-recorder	Nick F.	Present	
Treasurer	James R.	Present	
Assistant Treasurer	James M.	Present	
Policy	Tony C.	Present	
RCMI	Sean F.	Present	
RCMII	Cleto	Present	
Literature Bank	Billy G.	Present	
Assistant Literature Bank	Richard D.	Present	
<b>Subcommittees</b>			
Activities	Kevin B.	Present	
H&I	Monica C.	Present	
Public Relations	Scott P.	Absent	

Group	
Another Chance	Present
Austin Powerless	Present
Clean & Free	Present
Courage to Change	Present
DesencadeNAdos	
Desire to Stop Using	
Eastside	Present
Far Out	Present

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Free at Last	Present
Here & Now	
Hill Country	Present
Keep Coming Back	Present
Living Clean	
Men At Work	Present
Miracles & Solutions	Present
Never Alone	
New Beginnings	Present
New Hope	
New Way of Living	
Non-Fiction-Addiction	Present
Our Gift	Present
Out & About	
Primary Purpose	Present
Regeneration X	Present
Rhythm of Recovery	
Right Stuff	Present
Searching & Fearless	
Serenity the NA Way	Present
Spiritual Foundation	
Spiritual Mechanics	Present
Spiritual Seekers	Present
Stay N Change	
Taylor NA	Present
The Journey Continues	
Twisted Sisters	
Why We Stay	Present
Wild with Flair	Present

23 groups present of 38 total. Consensus is ACHIEVED with 19.

# **Welcome New Groups and GSRs**

Katie B Turnaround Taylor Thursday at 7PM Dan E.



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**Austin Powerless** 

# **Open Discussion**

Southern Zonal Forumn Ruben P.

new website: natexas.org

TBRNA Community Interaction Event Friday, January 27, 2023 9:30-11:30AM Holiday Inn Express 10711 N. Research Blvd. Austin, TX 78759

publicrelations@NAtexas.org contact Ruben P 512-554-7245

# **Approval of November Minutes**

Approved

# **Admin Report**

**Facilitator** 

Todd B.

**CTANA** 

ASC AGENDA

12-2-2022

SERVICE PRAYER

God, grant us the knowledge that we may work according to your divine precepts. Instill in us a sense of your purpose, make us servants of your will and grant us a bond



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of selflessness that this may truly be your work, not ours, so that no addict, anywhere, need die from the horrors of addiction.

- Moment of silence
- Serenity Prayer & Service Prayer 12 Traditions/12 Concepts
- $\bullet$  Roll call/establish voting members  $\bullet$  Welcome new groups/new GSR's  $\bullet$  Open forum-Richard Taylor NA
- Approval of previous ASC minutes Admin Reports: Facilitator, Co-Fac., Recorder, Treasurer, RCM I, RCM II Subcommittee reports: Activities, H&I, Lit Bank, Policy, Public Relations
- Ad-Hoc Committee Reports
- Group reports
- Old business
- New business (Proposals)
- Elections
- Announcements
- Next ASC: Jan 1, 2022 ??
- Adjourn
- Closing Prayer

#### **Twelve Traditions**

- 1. Our common welfare should come first; personal recovery depends on NA unity.
- 2. For our group purpose there is but one ultimate authority- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
- 3. The only requirement for membership is a desire to stop using.



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- 4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
- 5. Each group has but one primary purpose-to carry the message to the addict who still suffers.
- 6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
- 7. Every NA group ought to be fully self- supporting, declining outside contributions.
- 8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- 9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
- 10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

# **Twelve Concepts**

- 1. To fulfill our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole.
- 2. The final responsibility and authority for NA services rests with the NA groups.
- 3. The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.
- 4. Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.
- 5. For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.
- 6. Group conscience is the spiritual means by which we invite a loving God to influence our decisions. 7. All members of a service body bear substantial responsibility for that



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body's decisions and should be allowed to fully participate in its decision-making processes.

- 8. Our service structure depends on the integrity and effectiveness of our communications.
- 9. All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.
- 10. Any member of a service body can petition that body for the redress of a personal grievance, without fear of reprisal.
- 11. NA funds are to be used to further our primary purpose and must be managed responsibly.
- 12. In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government.

# **Co-Facilitator**

Victor F.

#### Hello Everyone

I attended most of the regional meeting for Cleto. I want to say that it made me extremely grateful for how well our area meeting runs. It seemed very chaotic to me and I had a hard time keeping track of what was going on. Thank you Seanfo for sticking it out.

All the subcommittees need support.

H&I: They will be holding subcommittee elections next month so if you would like to be of service please attend. If you have not been oriented in at least 2 years, please come and get oriented so we have some folks we can call to come carry the message of NA recovery. A member announced at Eastside that Central Texas Treatment Center will be reopening it's doors now that they have repaired the damages from the snowpocalypse. Hopefully we will be able to start taking the message into them in the near future. I want to thank Monica, David, Tammy, Clare and all the coordinators for all their hard work over the past year.

PR: Still looking for more members to come to the subcommittee meetings. Thank you Scott for all his hard work over the past year. Scott is willing to continue to be of service to the subcommittee but in the spirit of service it is time to pass the torch to others. CW: Common welfare was well attended. Thank you Angela for your service. Looking forward to starting the work on the first tradition workshop questions with the group.



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Activities: I was unable to attend activities. My apologies Kevin. It happens to be on the same night as one of my favorite meetings. We still need folks to sign up to bring food and deserts to the holiday function. That information is on the CTANA website. Policy: We did not meet this month. Thank you Tony for your hard work with facilitating the work on the policy revisions. It is always good to work with you, paisano. In closing, I want to thank Todd for his service. Area is sometimes like wrangling cats, but you do it well. Thank you to James and James for your hard work over the past year managing our funds responsibly. Thank you Kristin and Nick as secretary and assistant secretary. Thank you Cleto and Seanfo for your service and taking our group conscious to the Region.

Thank you for allowing me to be of service as your Co-Facilitator. Look forward to working with y'all in the coming year.

In Loving Service Victor F.

#### Recorder

Kristin G.

CTANA Recorder Report December 2022

I have been hard at work preparing for the hand off to the next recorder. There are several housekeeping items for the new ASC administrative body that I will help see through to completion.

I will be available to the ASC to assist as needed in the transition.

Serving on the ASC this year gave me a sense of purpose and belonging that I am truly grateful for. Thank you all for the opportunity to be of service.

ILS, Kristin G.

#### **Treasurer**

James R.

Beginning Balance \$7914.10 Total Income \$4524.67 Total Expenses \$1250.00 Ending Balance \$11188.17



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Reserves \$3577.92 Available Balance \$7610.25 Net Group Donations \$1927.44

RCM I			
Sean FO			

12/4/2022

CTANA RCM 1 Report Austin Texas

Dear Area:

Howdy Y'all!

Here we are again. We are here so that any addict can find recovery from the horrors of addiction. I thank you all for showing up, and for being of service to the still suffering addict. Because, it may not seem like we are making a difference sometimes while we are sitting at area. But, I have to tell you, we are!

So, I attended most of the regional conference virtually. I was not able to attend the whole region. And, I have reached out to the regional recorder for some information. But, as of today, I have not received the asked for information. I will have a revised report for the area in up coming days.

I have included the CAR report direct link in my email, and some other links for you all to take a look at. The CAR is going to be distributed digitally only by Worls Services. So, if you want a CAR report, open my email, go to the link provided, click and download the PDF.

This is a we program. Thanks for being a part of my we!

Again, Thanks!

Sincerely, Sean FO RCM 1



**RCM II** Cleto M.

# **Subcommittee Reports**

# **Activities Report**

Kevin

Hello family

The activities committee is plugging away getting ready for the H&I holiday book drive. We have had some support from some experienced members, and we are truly grateful for that.

The agenda looks like

- \*2-3 meet and great
- \*2:45-3 sweater contest
- \* 3 food
- \*3:30-3:45 pr presentation
- \*3:45-4 H&I presentation
- \*4-4:30 1<sup>st</sup> speaker 4:30-5 2<sup>nd</sup> speaker
- \*5-6 auction

We have several things being donated for the auction so far

2 handmade quilts

Handmade NA pendant

Basic Text 3<sup>rd</sup> Edition

Custom "More will be revealed" tumbler

We are expecting roughly 200 people.

We are asking area for \$1000

Activities is purchasing 2 turkeys and 2 hams

**Drinks** 



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Plasticware
Table cloths
And ice.
I don't plan on using all \$1000 but with inflation, and what not we are asking for the \$1000 just in case

#### H&I

Monica C.

Trash bags

**H&I** December Monthly Report

The Central Texas Area of Narcotics Anonymous Hospitals and Institutions Subcommittee, or CTANA H&I Subcommittee, initiates, conducts, and coordinates all local CTANA H&I meetings and activities within our area.

The CTANA H&I Subcommittee currently conducts panel presentations at seven facilities.

- Cenikor Foundation, 2410 W Howard Lane, Austin, Texas 78728 Justin S, Coordinator, fulfills this commitment every Sunday at 7 pm, and no issues are reported.
- Rock Springs, 700 SE Inner Loop, Georgetown, Texas 78626- Michiel R, Coordinator, fulfills this commitment every Wednesday at 6:00 pm. There are no issues to report.
- Sage Recovery Villa, 7201 Gilbert Rd, Manor, Texas 78563 Tammy F, Coordinator, fulfills this commitment every Monday at 6:30 pm, and no issues are reported.
- Recovery Unplugged, 14109 FM 969, Austin, Texas, 78724 Marcos R is the coordinator, with Tish R as the co-coordinator. This presentation is held biweekly on Tuesdays at 7:30.
- Willow Springs, 1128 TX-21, Bastrop, Texas 78602- Justin P was voted in as the new coordinator.
- Cross Creek Hospital, 8402 Cross Park Drive, Austin, Texas, 78754- Tom M is the coordinator. This presentation is held bi-weekly on Thursdays at 7:00 pm and has no issues to report.
- New Hope Ranch- 11908 Sparks Rd, Manor, Texas, 78653-Mark W is the coordinator, and this presentation is held weekly on Tuesday at 7:00 pm. There are no issues to report.

New H&I Meeting Request

• University High School, 2007 University Ave, Austin, Texas 78705- Alissa Vanpelt, Program Coordinator, has requested a meeting presentation at this facility. There is currently no panel leader, but this will be presented at the next subcommittee. H&I Literature

Basic Text (Hard Cover) 120



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Basic Text (Soft Cover) 104
Introductory Guides 247
White Books 150
Behind The Walls 280
Meeting Schedules (English) o
Meeting Schedules (Spanish) o
IP#12- The Triangle of Self-Obsession 570
IP#13- For Young Addicts 170
IP#17-For Those in Treatment 50
IP#30-Mental Health in Recovery 500
2022 H&I ADMIN BODY:

Facilitator: Monica C
Co-Facilitator: David A
Secretary: Tammy F
Lit Bank: Claire P

Our next H&I subcommittee is scheduled for December 18th, at 3:00 pm for orientation and 3:30 for the regular business meeting. This will be held in the large room of the Galano Club.

In loving service, Monica C

#### **Literature Bank**

Billy G.

Literature Bank Annual Report 2022

Hello All,

Before giving my report I just want to thank yall so very much for allowing me to be of service to you and the Area. I have made mistakes and been on point and through it all you have showed me humility, grace, understanding, how to help and be of service and taught me about accountability. For that, I just want to THANK YOU!

This year the Lit bank Bought \$11,022.16 in Literature.

Sold Literature this year-? Not sure how to calculate this. I am willing to amend this portion if someone can give me some direction on how to do that.

H&I ordered \$7,076.34- Can Amend if not correct

Updates- Richard D made some updates to order forms. He added 2 new books- SPAD and 50th anniversary white book. He also put key tags in sets of 10.

- We amended Policy for amount of cash Lit Bank can receive from \$10 to \$25. - Budget Amendment from a No less than \$2,000 and no more than \$3,000 dollar amount to read - Amount in literature inventory to a maximum MONTHLY SPENDING amount on literature in the amount of \$2000.00 (outside of subcommittee orders)

Although we had a few bumps in the road, everything was addressed, and solutions were found. ILS,



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**Billy Garrison** 

**Policy** Tony C.

# POLICY SUBCOMMITTEE REPORT December 4, 2022 TONY C – POLICY FACILITATOR

Hello Family,

First of all I want to thank all of for allowing me to be of service this past year. I appreciate your support and encouragement.

I also want to thank my subcommittee and those of you that participated in the policy workshops helping with this huge task.

I have attached the revised policy as of today. The sections highlighted in yellow still have to be addressed.

I AM PROPOSING that the attached policy be approved as the new CTANA Policy moving forward. We can address those pieces next year as we go if not today.

**Section 6.5** has just been added from our new subcommittee **COMMON WELFARE**. Thanks to Angela O. and that subcommittee for submitting their vision and guidelines.

I will **not** be accepting nominations for re-election of the Facilitator of this subcommittee but **will remain** on the subcommittee to make sure the transition goes smoothly. Also if any questions arise and help make sure the highlighted sections are addressed.

If for some reason nobody steps up to Facilitator, the new Co-Facilitator of ASC will have to do the GSR orientations moving forward.

Thanks again for allowing me to be of service. I.L.S. Tony C
Policy Subcommittee Facilitator



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**Public Relations** Scott P.

# **Ad-Hoc Committee Reports**

# Common Welfare Common Welfare Ad Hoc Committee Report for December 2022 ASC

Objective: to cultivate an area wide awareness and open communication to the issues at hand. We as a community are each other's eyes and ears. It is important to take inventory personally and as a fellowship to overcome the behaviors that hinder our primary purpose. Every addict has a right to a safe community for recovery.

## **Subcommittee Discussion**

- We met November 27th, at 6:00pm on Zoom
- Sixteen NA members attended.
- We reviewed the Policy addition for the New Common Welfare Subcommittee and approved- Sent in to Tony C. (Policy Chair)
- Tony C requested that we review the Section 18 of the Area Policies. We have it set up for members to review and add comments and suggestions for review at the next meeting.
- The subcommittee is going to Plan a meet up to go over Tradition One in <u>Guiding Principles</u> and discuss the Group Inventory Questions on page 12. It says, "The questions below offer a way to begin - or continue - a service discussion or workshop focused on this Tradition."
- Setting up home group workshops for groups that request.
- Planning an Service area information pamphlet
- Set up a form for members to add ideas and goals for the group
- Received contact from Infinite recovery and are awaiting another contact to reach out.



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# **Group Reports**

Keep Coming Back Monday 6:30PM Journey Elgin 1221 N Avenue C Elgin

New Beginnings Monday 6:30PM 1605 East 38 ½ St Austin, TX NEEDS SUPPORT

Another Chance Monday 6:30PM 507 N 8th St. Killeen, TX

Nonfiction Addiction Sun & Thurs 7PM 204 East Graves St. Burnet, TX

Courage to Change Thurs 8PM 5206 Balcones Dr. Austin, TX

Hill Country Thurs 8PM 3402 Little Elm Trail Cedar Park, TX

Wild with Flair Every night 1030PM virtually



Never Alone Every day 8AM & 5:30PM virtually

Taylor NA may be changing meeting places or disbanding see meeting list at ctana.org for updates

Free at Last new GSR: Leonard Sat at 10:30AM 209 West 27th., Austin, TX, 78705 Meets in Annex behind church **HYBRID** Meeting ID: 975 0018 0781 Passcode: 512

#### **Old Business**

## Proposal:

To have Area create an additional digital commerce for the literature bank to sell literature.

PR facilitator will look into and bring back to next area TABLED UNTIL PR IS PRESENT

# **New Business**

## Proposal:

Accept and adopt new policy in 2023 NEEDS TO GO BACK TO GROUPS

# **Approval of Budgets:**

Proposal:

Approve budget as is CONSENSUS ACHIEVED

# **Elections**



**Facilitator** Current co-facilitator Victor Qualifies himself **CONSENSUS ACHIEVED** 

Cofacilitator Monica C. Monica qualifies herself **CONSENSUS ACHIEVED** 

Recorder Nick F. Nick qualifies himself **CONSENSUS ACHIEVED** 

Co-recorder Patsy P. Patsy qualifies herself **CONSENSUS ACHIEVED** 

Treasurer James M. James qualifies himself Nominated with waiving of clean time requirement **CONSENSUS ACHIEVED** 

Co-treasurer position remains open

RCM I Cleto as RCM II becomes RCM I

RCM II position remains open

**Activities Subcommittee Chair** Kevin B. Kevin qualifies himself **CONSENSUS ACHIEVED** 

**H&I** Facilitator



Co-facilitator David

**Policy Facilitator** Position Open Public Relations Facilitator Anne Marie Anne Marie qualifies herself **CONSENSUS ACHIEVED** 

Common Welfare Facilitator Angelo O. Angela qualifies herself **CONSENSUS ACHIEVED** 

**Assistant Literature** 

Literature Facilitator Current Assistant Literature Richard B.

## **Announcements**

# **Next ASC Meeting**

January 8th at 2PM GSR Orientation at 1:30PM Galano Club 6809 Guadalupe St. Austin HYBRID information at ctana.org

Meeting closed with the Third Step Prayer at 5:11PM.