CENTRAL TEXAS AREA NARCOTICS ANONYMOUS AREA SERVICE COMMITTEE MEETING MINUTES

October 2022

This meeting was held on October 2nd virtually & in-person at 6809 Guadalupe St. Austin.

Meeting opened by Facilitator at 2:00pm. Moment of silence observed, followed by the service prayer, 12 traditions, and 12 concepts.

Attendance

Secretary took administrative, subcommittee chair, and group attendance.

| Executive Body | <u>Servants</u> | |
|---------------------------|-----------------|--------------------|
| Facilitator | Todd B. | Present |
| Co-facilitator | Victor F. | Present |
| Secretary | Kristin G. | Present |
| Assistant Secretary | Nick F. | Absent with notice |
| Treasurer | James R. | Present |
| Assistant Treasurer | James M. | Present |
| Policy | Tony C. | Present |
| RCMI | Sean F. | Present |
| RCMII | Cleto | Present |
| Literature Bank | Billy G. | Present |
| Assistant Literature Bank | Richard D. | Present |
| Subcommittees | | |
| Activities | Kevin B. | Present |
| H&I | Monica C. | Present |
| Public Relations | Scott P. | Present |

| Group | |
|----------------------|---------|
| Another Chance | Present |
| Austin Powerless | Present |
| Clean & Free | Present |
| Courage to Change | Present |
| DesencadeNAdos | Present |
| Desire to Stop Using | |



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| Eastside | |
|-----------------------|---------|
| Far Out | |
| Free at Last | Present |
| Here & Now | Present |
| Hill Country | |
| Keep Coming Back | Present |
| Living Clean | |
| Men At Work | Present |
| Miracles & Solutions | Present |
| Never Alone | Present |
| New Beginnings | Present |
| New Hope | |
| New Way of Living | |
| Non-Fiction-Addiction | Present |
| Our Gift | |
| Out & About | Present |
| Primary Purpose | |
| Regeneration X | Present |
| Rhythm of Recovery | |
| Right Stuff | Present |
| Searching & Fearless | |
| Serenity in the Dark | |
| Serenity the NA Way | Present |
| Spiritual Foundation | |
| Spiritual Mechanics | Present |
| Spiritual Seekers | Present |
| Stay N Change | |
| Taylor NA | |
| The Journey Continues | |
| Twisted Sisters | Present |
| Why We Stay | |
| Wild with Flair | Present |

21 groups present of 38 total. Consensus is ACHIEVED with 17.

Welcome New Groups and GSRs

Dan **Austin Powerless GSR**

Open Discussion

Clean Time Requirements for Trusted Servants

Literature budget increase

Approval of September Minutes

Approved with corrections

Admin Report

Facilitator Todd B.

- Moment of silence
- Serenity Prayer & Service Prayer 12 Traditions/12 Concepts
- Roll call/establish voting members Welcome new groups/new GSR's •

Open forum

- -Suggested Clean Time for ASC positions
- Approval of previous ASC minutes Admin Body Reports: Facilitator, Co

Facilitator, Secretary, Treasurer, RCM I, RCM II



- Subcommittee reports: Activities, H&I, Lit Bank, Policy, Public Relations
- Ad-Hoc Committee Reports
- Group reports
- Old business
- New business (Proposals)
- Elections: Co-Facilitator
- Announcements
- Next ASC: November 6, 2022 Adjourn
- Closing Prayer

Co-Facilitator

Victor F.

Hello All,

All the subcommittees need support. "Service helps us feel like we belong" and gives us a "place and purpose" [Guiding Principles pg 10]. I have been attending a lot of different meetings and I haven't been hearing as many announcements about being of services to our area. I would encourage GSRs to announce to their homegroups of the service opportunities available. It is a great way to give back what has been freely given.

H&I could always have more folks who are oriented and willing to go into facilities to carry the NA message. If you haven't had an H&I orientation in a while, I suggest going to the orientation. I would personally like to see more members going into facilities to carry the NA message of hope.



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PR really needs support. They need a Co-facilitator, outreach coordinator, and PI coordinator. We have had small attendance at the meetings but great discussions on how to reach out to groups outside the fellowship about NA. We can only keep what we have by giving it away.

The Policy subcommittee has made great progress on the policy revisions. I think this will greatly simplify and clarify things. Keep it simple.

I chatted with Kevin about Activities and he said there has been a lot of participation and they are getting ready for the Holiday and Halloween function. Karaoke may be involved. Karaoke's my jam.

The Common Welfare ad hoc committee was well attended and I believe all those in attendees are committed to fostering a safe and comfortable environment that is conducive to creating an atmosphere of recovery. We discussed ways we could give NA members additional tools to address disruptive and unacceptable behavior. While there is good literature available to members (for example the *Disruptive and Violent Behavior* service pamphlet), I think having additional resources would be very helpful - at least for me. Guiding Principles says "Confronting each other is part of how we help one another to recover, but it's a challenge to do that in a spirit of love and compassion." [Guiding Principles pg. 11]. The Spiritual Principle of the Day for October 1st says that "[h]aving compassion for another doesn't mean we ignore issues that arise." Not everyone has been given the tools to do this and may feel comfortable doing so. Having members who are actively discussing ways we can provide those tools will go a long way to creating that atmosphere of recovery and our common welfare. I would like to see this ad hoc committee be a standing committee.

I will end by asking GSRs to remind members attending their meeting to be mindful of their surroundings when discussing less than appropriate topics outside the meeting. It can be harmful to NA and may threaten the welfare of the meeting. We have lost meeting places for members saying inappropriate things outside meetings. It's not just what is said at the meeting but what is said outside the meeting place too. It gives the wrong impression to newcomers as well as



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people and groups outside the fellowship. What you say to other NA members, friends, and outside of meeting places (i.e. in the meeting or outside the meeting facility) is your own business, but when it's at a meeting place, it can undermine the message of recovery.

In Loving Service

Vic F.

Recorder

Kristin G.

TX Tax Point of Contact

I've worked with the TX Comptroller to ensure no one member is publicly listed as a contact for our organization. I've also made sure that any previous member of the ASC associated with our organization has been removed for contact purposes. The treasurer will remain the point of contact for tax-related purposes until the creation of a registered agent.

Registered Agent

I'm still working with the state to find the information necessary to finish filing the registered agent. Hopefully this will be done by the next meeting of the ASC.

Transition Ad Hoc Committee

I've been working on creating Standard Operating Procedure documentation for the Transitioning Ad Hoc committee that was created at August's ASC. This is an ongoing effort and I will continue to visit subcommittees and speak with current trusted servants to gain any information that will be helpful for transitioning trusted servants.

Policy Updates

I've been attending Policy subcommittee meetings to aid in updating policy with current area procedures. The move to CBDM seems to have created a policy that is geared towards being more accessible to all members interested in service. In the spirit of this, I have a new proposal that I will be discussing in New Business.



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Common Welfare Ad Hoc Committee

I have attended and committed to serving in the Common Welfare Ad Hoc subcommittee. This subcommittee has a loving and supportive group conscious that is solution-oriented. I encourage all members that are interested to attend.

Thank you for allowing me to be of service.

Kristin G. 214-518-0811 recorder@ctana.org

Treasurer

James R.

Beginning Balance \$6,837.11 Total Income \$3,148.19 Total Expenses \$1,125.91 Ending Balance \$8,859.39 Reserves \$4,234.34 Available Balance \$4,625.05 Net Group Donations \$1,774.70

RCM I

Sean FO

PLEASE GET WITH YOUR GROUPS TO HAVE CONSENSUS BY NEXT AREA FOR REGION IN NOVEMBER

Dear Area:

Helloooo Area!

Here we are again, being of service! There is not much to report this month. I have a revised proposal down below. It is actually a proposal that I missed when making my report last month. Oops, did I do that? Sorry, Saturday Night Live reference. I am leaving the Service Pool in the report for eyes to see again. Also, I have included information on a Southern Zonal Forum meeting coming up this month.

There is a committee called the Service Pool, to which Michael S. is the facilitator. I have copied his email, and I am pasting it here in the report. World Services also uses a Service Pool. So, here is the information. The QR code will be included in the email. Thanks

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There is a Service Resume online at thrna.org. Log in or create user to access resume form under Service. Click on Service and drop down to Service Resume, click. Then create your resume then click on Submit Resume.

There is also access by using the QR code included in this report which will take you to the Service Resume site, Then Log In and fill out the resume. So now there is access by laptop, desktop or mobile.

Information requested is Personal Information, Recovery, Service History, and Relevant Education, Occupation, and Life Experience. Then click Submit Resume. We can also log in to edit our resumes.

There will be a link provided to me so that I can access the resumes to view and host open positions, a URL, so I that know when a resume has been submitted.

I will also send out Service Resume Forms, an URL and the QR code to the Fellowship and candidates regarding open positions. RCMs take this information to your Areas, please. Michael S.

Phone (512) 799-6868

mic95ift@vahoo.com

New Business

Proposal: By Esperanza Area that RSC fund PR **\$900** to re-stock literature, a new IP Rack and a new Tri-fold Display Case. **Consensus**

Proposal: Current Policy:1.1.2 Virtual Meetings (Zoom)For virtual meetings on electronic platforms, the Region shall provide the meeting code, (and password if applicable,) to all members and participants at least 48 hours before the time that the RSC convenes.

Proposed Change to Policy:

1.1.2 The Region shall make all RSC meetings virtual or hybrid.1.1.3 Virtual MeetingsFor virtual meetings on electronic platforms, the Region shall provide the meeting code, (and password if applicable,) to all members and participants at least 48 hours before the time that the RSC convenes. This information shall be posted on the home page of the Region website.

Proposal

- Financial Policy 7.1 **Discussion** How much are we going to spend per quarter? **Proposal goes back to the Areas.**



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Discussion on this current Regional Delegate Team or the new one at the Regional Assembly covering

the CAR/CAT in one day. This will not happen in one day. Need two days. Saturday will be elections

and Sunday the CAR/CAT workshop or CAR/CAT and elections.

Proposal

- that only RCMs 1 &2 vote at Region so that the Group Conscience on any business matter

(revised from last area 9/11/2022) **Proposal**

Financial Policy 7.1

- 1. Any Region trusted servant seeking re-imbursement shall submit receipts to the Region Treasurer for each expense.
 - A) Usually these expenses would include: fuel, plane fare, car rental, parking, and/or lodging.
 - i) Any other travel related expenses not listed above may be submitted for consideration but shall be subject to approval by the RSC prior to re-imbursement.
- 2. For the Administrative Committee re-imbursement for travel to participate in the RSC shall be up to \$300.
- 3. Any trusted servant who travels for one day or more in service of the Region may receive a per diem of \$50.
 - A) This applies to the RD team traveling to Zonal Forums or the WSC, but may also apply to other trusted servants of the Region.
 - B) No receipts are required to receive the per diem.

Old Business...

We are old, JK.

The old business is in last months report.



Events...

Southern Zonal Forum Meeting in Mississippi

October 28-30, 2022

Topics will be NA Phone line, Atmosphere of Recovery in Service, and Mentorship in Service.

You can join in the ZOOM! Room number, 87466244698 Password, 121212

This will be a great, and informative meeting. I am including the webpage in the email. And, you can copy/paste from here.

https://szfna.org/event/fall-szf-meeting-in-mississippi/

Thanks for being of service, and being a part of. We are really saving lives! There is hope!

Again, Thanks!

Sincerely, Sean FO RCM 1

RCM II

Cleto M.

ADVISORY BOARD MEETING OCTOBER 8TH 1212 E ANDERSON 12-6

Hello Family,

TSCNA XX "Diversity in the Heart of Texas" (May 27-29, 2023) are looking for volunteers and support. If you know of someone or yourself who would like to help, please contact Kimberly W. via email at k.woody2@icloud.com / Registration is open, go to TSCNA.org

Collaboration of US Zones will be having an Open Forum on Sunday October 9th Open to All NA Members, bring your questions, bring your concerns, bring your passion!

Zoom ID: 892 0412 4463

Password: 12345

Our Area needs a consensus on becoming a part of the Collaboration of US Zones by December's Area meeting.



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Do we want to Purchase the CAR/CAT Booklets for the Convention in January 2023 that will be held here in Austin?

All GSR's announce this at their home group.

CTANA, I will not be able to attend our next RSC meeting on Nov. 12, 2022, on zoom or in person. My wife and I are flying up to New Hampshire to spend a week with our family. Is there anyone who can cover for us?

In Loving Service, Cleto M. RCM2 / Sean FO. RCM1

Subcommittee Reports

Activities Report

Kevin

Activities Report

Hello friends and family. Activities is going well this past month. We are gearing up for our Recovery Awareness Halloween Function. There has been plenty of participation and I'm very excited to see this play out. We are currently waiting on the approval of a venue; I would have brought fliers but life on life's terms, right? We are also in search of a venue for the Holiday Function. Our Co-Facilitator is working hard on getting this just right.

For Recovery Awareness Halloween Function

\$200 rent/donation \$150 pizza \$200 incidentals \$100 drinks

H&I

Monica C.

H&I October Monthly Report

The Central Texas Area of Narcotics Anonymous Hospitals and Institutions Subcommittee, or CTANA H&I Subcommittee, initiates, conducts, and coordinates all local CTANA H&I meetings and activities within our area. The CTANA H&I Subcommittee currently conducts panel presentations at six facilities.



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- Cenikor Foundation, 2410 W Howard Lane, Austin, Texas 78728 Justin S, Coordinator, fulfills this commitment every Sunday at 7 pm, and no issues are reported.
- Rock Springs, 700 SE Inner Loop, Georgetown, Texas 78626- Michiel R, Coordinator, fulfills this commitment every Wednesday at 6:00 pm. All previous issues have been resolved, and the meeting is progressing nicely.
- Sage Recovery Villa, 7201 Gilbert Rd, Manor, Texas 78563 Tammy F, Coordinator, fulfills this commitment every Monday at 6:30 pm, and no issues are reported.
- Recovery Unplugged, 14109 FM 969, Austin, Texas, 78724 Marcos R is the coordinator, with Tish R as the co-coordinator. This presentation is held bi weekly on Tuesdays, and the next one is scheduled for October 4, 2022. There have been no issues reported.
- Willow Springs, 1128 TX-21, Bastrop, Texas 78602-Billy G is the coordinator, with Aaron J as the co-coordinator. Myself, Bill J, and Billy G were in attendance at the last presentation, which was held on October 29, 2022, at 7:00 pm. There are no issues to report as all is running smoothly.
- Cross Creek Hospital, 8402 Cross Park Drive, Austin, Texas, 78754- Tom M is the coordinator. This presentation is held bi-weekly on Thursdays, at 7:00 pm, with the next scheduled for October 7, 2022. I have accompanied Tom M several times and have no issues to report.

New H&I meeting requests.

- New Hope Ranch-11908 Sparks Rd, Manor, Texas, 78653-Mark W, was voted in on September 25, 2022, as the new coordinator. I will attend the first meeting on October 4, 2022, at 7:00 pm. The expectation is that this meeting will be held every Tuesday.
- Ranch House Recovery, 263 Roemer Road, Elgin, Texas 78621-Shawn M was voted in on September 25, 2022, as the new coordinator. The facility requests that this meeting be held on the third Thursday of each month, with the first meeting tentatively scheduled for October 20, 2022, at 7:30 pm.
- Travis County Correctional Del Valle, 3614 Bill Price Road, Del Valle, Texas 78617- Tiffany Taylor, Head of Education, is seeking volunteers for this facility. In-person meetings are limited to Monday through Friday between 9:00 am and 3:30 pm. However, there is an online option available with more flexibility. I have the application available for any members interested in participation. As of this report, there is no panel leader.

New Business



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A literature order was placed to include: IP #30 Mental Health in Recovery, IP#12 The Triangle of Self Obsession, Four cases of Hard Back Basic Text, and Four cases of softback Basic Text. The total cost for this order is \$2944.40.

Two members attended orientation on September 25.

CTANA H&I received one inmate letter.

The projected budget for H&I 2023 is \$12,000.

2022 H&I ADMIN BODY:

Facilitator: Monica CCo-Facilitator: David ASecretary: Tammy F

• Lit Bank: Claire P

Our next H&I subcommittee is scheduled for October 30, 2022, at 3:00 pm for orientation and 3:30 for the regular business meeting. This will be held in the large room of the Galano Club.

In loving service,

Monica C

Literature Bank

Billy G.

Policy

Tony C.

POLICY SUBCOMMITTEE REPORT October 2, 2022 TONY C – POLICY FACILITATOR

Hello Family,

- Policy Workshop #2 met virtually on September 25th.
- Again I would like to thank those that attended.
- The PUBLIC RELATIONS section has been removed from CTANA Policy and they will keep and maintain their subcommittee policy independently as does H&I. That alone took out 8 pages of CTANA Policy.
- We still need to have some basic guidelines in CTANA policy regarding subcommittees.



- For Workshop #3 I have asked for the big room at the Galano Club be reserved October 16th from 1-4pm. It will be a hybrid meeting. Some would prefer to be there in person.
- We will begin with LIT BANK SUBOMMITTEE section 7.6. We need someone from that subcommittee to attend and provide input.
- We have sections 9-13 which aren't very long. Section's 16, 17, & 18. Finance and Budget Sections are completed already.
- It would help a great deal that in order to streamline the process that those attending please go through those sections ahead of time.
- Let's work together and try to complete this in one sitting.

Thanks for allowing me to be of service. I.L.S. Tony C Policy Subcommittee Facilitator

Public Relations

Scott P.

I am traveling back from Frolic in the Woods today and will be late to Area.

My report this month will be abbreviated as I'm on the road.

PI - We have two upcoming engagements - Keystone / University High School this coming week and Communities for Recovery TBD.

Web - No new meetings, no closed meetings.

Still seeking Co-Facilitator, PI Coordinator, Outreach Coordinator.

In loving service, Scott P

Group Reports

Clean N Free sends any \$ over prudent reserve to area having trouble attracting newer members to be of service Tuesday at 7:30PM

Nonfiction Addiction



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Burnet TX Needs support treatment center has been bringing residents Sun and Thurs at 7PM

> DesencadeNAdos meeting growing \$100 to area need trusted servants Tues and Fri 7:30PM

Spiritual Seekers new venmo and bank acct Fri 7:30PM

WWF every night 10:30 online virtual meeting

New Beginnings in need of GSR In need of support Mon 6:30PM

Our Gift Jarrell TX Thurs 7:30 PM Good coffee!

Old Business

Original Proposal:

Raise the minimum amount in literature inventory from \$2,000-\$3,000 to \$4000-\$4500

Intent:

to better fill the needs of the groups purchasing literature

Literature facilitator is seeking input from Area to have a better proposal. Facilitator opens the floor for discussion. Discussion includes having a quantity amount for literature, having a monthly spending max rather than an inventory max, and NAWS increasing literature prices.

Modified Proposal:



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Remove the minimum amount in literature inventory to a maximum monthly spending amount on literature in the amount of \$2000 (outside of subcommittee orders). Consensus Achieved.

Common Welfare Committee

Common Welfare Ad Hoc

Objective: to cultivate an area wide awareness and open communication to the issues at hand. We as a community are each other's eyes and ears. It is important to take inventory personally and as a fellowship to overcome the behaviors that hinder our primary purpose. Every addict has a right to a safe community for recovery.

1st Tradition-Our common welfare should come first; personal recovery depends on NA unity

- Our common welfare requires personal commitment and responsible action to ensure a meeting is safe for all members. In pulling together we learn that we really are part of 'something greater than ourselves' (Basic Text, Trad. 7, p.68)
- Florida Regional Conference Workgroup on Predatory Behavior shows examples of predatory behavior could be; borrowing money with no intention of paying it back, borrowing possessions, "Bumming" cigarettes, etc. from a person who you know is unable to say no. It could be someone selling or attempting to sell drugs in or around our meetings. It could be an attractive person currying favor from someone to get money or things. It could be a person with time "scooping up" a newcomer and beginning a relationship with someone who is newly clean (thirteenth stepping).

Research - Na.org

https://na.org/?ID=local_service_resources

There are multiple sources regarding predatory behavior on NA.org. Anti harassment policies, structures on how to handle situations. Multiple areas



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have done workshops and learning days. We highly suggest reading the FRCNA Workshop regarding predatory behavior- See link below and PDF attached

http://www.na.org/admin/include/spaw2/uploads/pdf/FTP/English/Worksho p%20Resources/Predatory%20Behavior%20-%20Florida%20RSC%20-%2 02018.pdf

- **We have reached out to Florida Regional Convention committee to inquire on how their workshop went in 2014 and if they continue to have this at their regional conventions
- **Reached out to Steve Rush at world services and he referred to these resources and said we could have a service area information packet for our meetings. If we want to work towards an IP approved by NA World it would need to be proposed and approved at their next meeting in April 2023
- **Reached out to Infinite Recovery and they agreed to meet and discuss concerns with CTANA in early November after their move.

Looking into -

Workshops for conventions Learning days Information pamphlet Suggested practices for home groups Email for support and resources for members Orientation for how to address predatory behavior How to address discriminatory behavior

New Business



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Proposal:

To have Area create an additional digital commerce for the literature bank to sell literature.

PR facilitator will look into and bring back to next area

Proposal:

To have a fundraising event put on by this area's subcommittee meeting to support Rio Grande (old name = Serenity in the Sand) convention

Consensus Achieved

Proposal:

Ad hoc committees submit monthly report

Consensus Achieved

Proposal:

To add Section 2.11 and 3 of policy that covers Consensus-Based Decision Making (CBDM) Guidelines, as a reading to the agenda of the ASC.

Purpose:

To make the ASC process accessible to all members in attendance and to ensure members with less experience and/or quieter voices are heard in the group conscious.

Relevant Concept(s) and Tradition(s):

Concepts 7 and 9; Tradition 2

Consensus Achieved

Proposal:

Never Alone proposes we make the ad-hoc Common Welfare committee into a standing committee of the Central Texas Area with Angela O. serving as the facilitator Tabled

Proposal:

Increase cash transactions from \$10 to \$25 for literature purchases at Area only. Tabled

Elections

No Openings



Announcements

Halloween Party October 22, 2022 6PM - 10PM 1519 East Yager Ln. Austin, TX

Next ASC Meeting

November 6th at 2PM GSR Orientation at 1:30PM Galano Club 6809 Guadalupe St. Austin

Meeting closed with the Third Step Prayer at 5:11PM