



**October**  
**Area Service Committee Minutes**  
**October 5<sup>th</sup>, 2025**

Call To Order @

Meeting open by Sean F (Facilitator)

Reading of service prayer, traditions and concepts.

Roll Call

Executive Body	Servants	
Facilitator	Sean F	Present
Co-facilitator		Vacant
Recorder	Toby	
Co-recorder		Vacant
Treasurer	Joey G	Present
Assistant Treasurer	Sydney	Present
RCMI	Karla L	Excused
RCMII	Cecilia	Present
<u>Subcommittees</u>		
Activities	Allen E.	Present
Common Welfare	Ly'ann	Present
H&I	Tasha	Present
Literature Bank	Sarah P.	Present
Assistant Literature Bank	Kathryn	Excused
Policy	Robin	Present
Public Relations		Vacant

Groups	Attendance
1. Another Chance	Y
2. Breakfast Club	N
3. Choices	N



4. Clean and Free	N
5. Clean House	Y
6. Courage to Change	N
7. DesencadeNAdos	N
8. Eastside	N
9. El Nuevo Camino	Y
10. Far Out	N
11. Freedom Group	Y
12. Here and Now	Y
13. Hill Country	Y
14. Just for Today	Y
15. Just for Tonight	Y
16. Manor Meeting Makers	Y
17. Men at Work	N
18. Miracles and Solutions	N
19. More Will Be Revealed	Y
20. Never Alone	Y
21. New Beginnings	Y
22. New Hope	N
23. New Way of Living	N
24. Non-Fiction Addiction	Y
25. Our Gift	N
26. Out and About	N
27. Primary Purpose	Y
28. Regeneration X	Y
29. Right Stuff	Y
30. Searching and Fearless Women	Y
31. Serenity First	Y
32. Serenity the NA Way	N



33. South Austin Recovery	Y
34. Spiritual Mechanics	N
35. Spiritual Seekers	Y
36. Stay N Change	N
37. The Twelve Steps to Freedom	Y
38. Tuesday at Last	Y
39. Twisted Sisters	N
40. We Can	N
41. Willingness to Try	N
42. Young, Clean, and Free	Y
43. Get Lit	Y

**Groups Active in Area 45**

**Groups Present:25**

**Number of groups for a consensus:20**

**Last Month Minutes Approved @ 2:12pm**

**I. OPEN FORUM**

**II. ADMINISTRATIVE BODY REPORTS**

• **Facilitator – Sean F**

Hello area,

I hope everyone has had a wonderful month. I could not make the subcommittees, for I was at a music festival. I did get some cool stickers to the

Recovery in the Park volunteers. The area service committee is looking for a Co-Facilitator. So, please pass this around with you friends and groups in the area.



Also, Public Relations is looking for a Facilitator and Co-Facilitator.

Now let us have a great area!

### Conduct During Area Service Committee Meetings

To ensure a productive and respectful environment during CTANA Area Service Committee (ASC) meetings, please observe the following principles outlined in Section Two of the CTANA Area Service Policy:

- Mutual respect is the expected standard of conduct throughout the ASC meeting.

### Essential Concepts for Meeting Conduct

- Remarks must be focused on clarifying and understanding the proposal at hand.
- Do not repeat points that have already been discussed regarding the proposal.
- The Facilitator will close discussion on proposals when appropriate.
- It is not permitted to attack another member's motives.
- If you wish to speak, please raise your hand and wait for recognition from the Facilitator.
- Do not speak negatively about ideas that are not currently being considered.
- Refrain from arguing against your own ideas.
- If the Facilitator interrupts, you must yield to the floor immediately.
- Interruptions or disturbances to the body are not allowed.
- With consensus, the Facilitator may set a time limit for discussion on specific subjects.

**Report Concluded at 2:14pm**

- **Co-Facilitator – Vacant**

**Report concluded at 2:15pm**

- **Recorder – Toby T**

- Please speak clearly during the group reports
- Last month's meeting minutes



Report concluded at 2:16pm

- **Treasurer-Joey G**

CTANA TREASURER'S REPORT - SEPTEMBER 2025 CHECK BOOK RECONCILIATION:

Chase ending balance per bank statement as of 09/30/25 is 13,912.54

(PER BANK ONLINE)

Pay Pal Balance as of 09/30/25 is 0.00

(PER STATEMENT ONLINE)

Of the 13,912.54 reconciled ending balance, 1750.00 is set aside for prudent reserve, the available amount to spend in the Chase account is 12,162.54

TOTAL RECEIPTS FOR THE MONTH OF SEPTEMBER 25 - 2776.34

CASH 7th Tradition - 870.83 Pay Pal 7th Tradition - 922.85 Lit Bank - 847.66

Area 7th Tradition - 7.00

Unity Day return funds - 128.00

TOTAL EXPENSES FOR THE MONTH OF September 25 - 4332.77 NAWS Lit Order - 2613.56

Austin Chronicle - 379.00 Extra Space Storage - 171.00 Phone.com - 35.47

Hanami - 2.00

CK 4592 - 225.00



CK 4589 - 200.00 CK4587-621.18 CK 4591 - 85.56

Hello All,

Happy Spooky Season!!!! Here's my report for September. Nothing new to report, we have no outstanding checks so thats amazing!!! I do have 2 invoices for RFATX that are due in October totaling 220.00 which I will paying at area, also our quarterly sales tax is due in October which I paid on 10/04/25 with a 1.08 discount, so our total was 216.39. I do need to get an invoice for the photo booth that was used at Recovery In the Park. I did get a message about the

phone.com payment, I can confirm that we did get charged in September by them but Geo will have to let us know if we are going to continue with that service.

#### Comments

Joey is commenting that since Sydney will possibly be vote in as Treasurer, can we add her as a signer and person on the account. Discussion ended on waiting for the next election to add her.

- **RCM 1 – Karla**

Hello family,

Apologies for not being present today, I had other commitments that required my attention. I want to remind everyone that it's important for GSRs to provide us, the RCMs, with clear guidance on the proposal currently on the table. There is a group seeking to



block this proposal, so it's essential that our area discusses how we want to proceed and ensures our collective voice is represented.

Reminder all groups, please make every effort to attend the next RSC and support the proposals you want to see pass. Without strong representation, there is a high probability that this proposal will be blocked by those who want subcommittees to continue holding a vote.

#### **Questions – none**

**Report concluded at 2:35pm**

- **RCM 2 – Ceci**

Hello all,

The next Regional Service Committee (RSC) for the Texas Bluebonnet Region of NA (TBRNA) will meet in a hybrid format on Saturday November 15th 9am-5pm. The in-person meeting place hasn't been shared yet, but from what I understand it'll be in Beaumont. I will likely request reimbursement for one night of lodging in Houston if I opt to attend in person. That RSC will include administrative body elections. Elections and nominations usually happen early in the agenda, so please participate if you're interested in getting involved in service at the regional level. There will be a unity dinner, along with some fun activities afterwards hosted by the Tri-County area.

An important note is that TBRNA is navigating some major financial struggles, so any donations are appreciated. I emailed the TBRNA treasurer regarding the undeposited check for the donation CTANA made to TBRNA at the August 2025 RSC, and he confirmed that he did deposit the check recently. I cc'd Joey G. the CTANA treasurer on these emails.

#### **Proposals to take back to groups:**

Our area's proposal to change regional policy so that RCMs are the only ones with decision making power at the RSC has been sent back to the groups, so please bring this proposal to your groups. I have attached the proposal to this email in .pdf and .docx format, and included it at the bottom of this report. To be clear, even if your group already came to consensus when this proposal was initially discussed at the CTANA Area Service Committee (ASC) meeting, your group needs to come to consensus on this proposal again now that it's been sent back to the groups from region.

**Subcommittee Updates:**

Texas Bluebonnet Regional Convention (TBRCNA) needs nominations for 2027 facilitator, co-facilitator, and treasurer. TBRCNA 2027 will be Feb. 12-14th at the Doubletree Hilton hotel here in Austin, so participation from CTANA would be especially handy. A flyer with TBRCNA subcommittee meeting info is attached below. Randie B. is going to be leading a subcommittee for contracts and archives and has a lifetime of relevant experience and is looking forward to helping with fellowship development in the process of doing logistics planning for TBRCNA.

The Regional Delegate for TBRNA shared some updates on NA World convention planning to minimize cost. There are discussions about holding the convention every 5 years instead of every year, and/or capping attendance at 12-15,000 people.

Anyone interested in improving public relations (PR) or fellowship development skills are invited to attend the regional PR subcommittee meeting and reach out to Patsy at [natxservicegirl86@gmail.com](mailto:natxservicegirl86@gmail.com) to get her guidance on how to better support struggling meetings.

Narcotics Anonymous Texas (NATX) would appreciate it if folks would fill out the survey on the NATX website: <https://natexas.org/>

The adopt and inmate program could use your support - please find details here to donate or get involved: <https://tbrna.org/adopt-an-inmate> and email [sponsorship@tbrna.org](mailto:sponsorship@tbrna.org) if you are willing to sponsor an inmate.

**Events (in chronological order):**

H&I PR learning day & book drive (It Works How and Why & Basic Text) with a chili cookoff (trophies for 1st 2nd and 3rd place) Oct 18th 12-5pm 1203 Wirt Rd Houston TX

Tri-County area yearly convention November 7th-9th 2025. Suzy Q is speaking! Please register and book rooms. Details here: <https://ttcana.net/area-form-information/>

Esperanza area yearly convention January 15th-18th 2026. Please register and book rooms. Details here: <https://eacnasa.org/>

TBRCNA March 6-8th 2026 in San Antonio. Please register and book rooms. Details here: <https://tbrcna.org/>

Southeast Texas area yearly convention in Beaumont April 10-12th 2026. Please register and book rooms. Details here: <https://setacna.org/>



## **Discussion:**

Ceci and Monica discuss the details of the proposal.

Ruben makes comments

Some of the groups concern were that this would limit their decisions in that meeting.

Chris - Over the past several years, there have been recurring debates about regional service representation, resulting in multiple proposals. Recently, we voted to allow only one RCM per area after experiencing conflicts between representatives. The policy was also updated so that any decision now requires 20% of RCMs to bring it back for review, instead of relying on individual requests. This change increases transparency and ensures important matters receive attention, although timely issues like bill payments may still be affected. It is crucial to consider whether representation from different areas is balanced and to reflect on these ongoing challenges before making decisions. Ultimately, the proposal has been discussed thoroughly and is ready for a vote.

Tom – we had already had a decision

**Report Concluded at 2:43pm**

- **Policy – Robin**

There were no changes to policy last month and we had one GSR orientation today.

If you are a new GSR and need be orientated, please come at 1:30 prior to each area meeting.

**Report Concluded at 2:45pm**

- **Literature Bank – Sarah**

- Beginning Inventory: \$3614.11
- Please pay by Money Order, or Cash under \$25 (Exact change).
- Lit Bank opens before Area begins (typically around 1:30 pm), and runs through the opening half of Area.
- Once Lit Bank is done processing all the orders, and turns money over to the Treasurer, Lit Bank is then closed - in order for Inventory may be taken.
- If you have not received your order by the end of Area please come pick



up your filled order at the literature.

- Our goal is to simplify Lit Bank operations, therefore 70+% of the work will be carried out on the day of Area.
  - We will only fill orders first half of Area
  - We will typically process the NAWS order on the day of Area (or within a reasonable time frame).
  - Inventory will be conducted during Area (once money is turned over to the Treasurer).
  - We will not be accepting emergency orders. Any orders which are not in before close of Area will have to wait till the next Area meeting.

When ordering literature, please go to the CTANA.org website and go to “Downloads” at the top right hand of your screen. Then scroll down to “Service Area Group” files and choose “CTANA literature order form”. When you are done filling out your order, please send it to [literature@ctana.org](mailto:literature@ctana.org). If you need help with ordering, get with us during Area, or email us. Our email is at the bottom of this form.

#### NAWS ORDER

NET order	\$2187.46
Less Discount	-\$128.56
TOTAL	\$2058.90

Request from area.

\*H&I  
Order(do  
not need  
right way)  
Thanks for  
letting me  
be of  
service.

Lit Chair Sarah P e-mail: [literature@ctana.org](mailto:literature@ctana.org)



**Report Concluded at 2:50pm**

## ➤ **Subcommittee Reports**

### **Activities – Allen E**

We met on 9/28, the main discussion was on our November 1st activity- Dia de Los Muertos Halloween dance and sub committee Learning day

(See attached flyer)

Clean and Creative event postponed - date and time TBD

Halloween event to be held at 1513 E . Yeager Ln at Our Savior Lutheran Church ( where Stay and Change and Twisted Sisters meet) from 5-10 pm

Presentations by all of our subcommittees!!

Children and adult costume contest ( with trophy's ) , pumpkin decorating, food and drink, DJ's Sean Fo and Ximena spinning your favorite tunes!

Rent is \$250.00

Asking \$600.00 for decorations, food and supplies.

We will need folks to step up and help with this event(great opportunity for newcomers!)

Sub committee speakers-

Activities- Allen E

PR- ????

H & I- ????

Common Welfare- ????

Fellowship Development- Tracy B



Tentative schedule:

Kids activities, costume contest, early in the evening, food and drink starting at 5:30-6 and ongoing through the evening. First subcommittee speaker at 6:15 ish speakers to give a 5-15 minute presentation.

Next event will be the Holiday/H&I book drive on December 6th at the same location as the Halloween event. Time to be determined, Susen GB and Patrick S are our speakers, sign up sheet for food out soon!!!

Thanks for letting me be of service

**Report Concluded at 3:00pm**

- **Common Welfare – Anel**

Hi all-

Common Welfare met on September 30th, with 3 people in attendance. Finalizing estimates for printing the My Safety, Our Responsibility Pamphlet.

This area had not decided if each meeting should get 5 or 10 copies of the pamphlet. Attached you will see estimates for both, we await this body's decision before ordering.

250 pamphlets- \$349.04

500 pamphlets- \$677.75

Please remember this is a one time only cost. After this, meetings will be responsible for printing the pamphlet on their own. Should they choose to.

Our next meeting will be Tuesday, October 28th, on zoom. Link on CTANA calendar. Please announce at your home groups.

Thank you to Leanne for attending Area on my behalf today. See you all in November!



ILS,  
Anel J.

**Freedom Group** – Proposal the purchases of 10 copies to send to each group.

Consensus is not approved at the moment.

Monica –Needs to be made and sent to back to the groups for approval.

Common welfare will send out information back to groups.

**Report Concluded at 3:05pm**

- **H&I – Tasha**

Hello H&I Volunteers!

I know everyone is excited to help speak at our facilities. We now want to make sure everyone is up to date with our new Policies and Requirements so we are having everyone re-orientated every 2 years. If you haven't had an orientation since 2023 you will need to physically come in, or attend



zoom, one of our monthly H&I Orientations. Information and links are below.

**Please review the following H&I Information:**

- H&I Subcommittee Info and Virtual Link: [Hospitals and Institutions Subcommittee – Central Texas Area Narcotics Anonymous](#)
- H&I Policy: [CTANA Hospitals and Institutions Policy 2024](#)
- H&I Orientation Packet (Information we read during orientation): [CTANA Hospitals and Institutions Orientation Packet July 2024](#)



- H&I Facilities Map: [Map of CTANA H&I Facilities - Google My Map](#)

**Hospitals and Institutions Subcommittee Meeting and Orientation Location & Zoom link:**

Subcommittee Meeting is the last Sunday of the month at 3:30pm - 4:30pm

H&I Orientation is the last Sunday of the month at 3:00pm - 3:30pm (or) can be scheduled by emailing [hi@ctana.org](mailto:hi@ctana.org)

You can come into our physical location:

Recovery First ATX

5555 N. Lamar Blvd. Suite H-119

Austin, TX 78751

(OR)

Join

online: <https://us06web.zoom.us/j/88922443433?pwd=FXd2aR0dcDWd44Nfrou9YAY5SUsRPd.1>

Meeting ID: 889 2244 3433

Passcode: 643432



Thank you from your 2025 H&I Subcommittee!

Tasha C - H&I Facilitator

Tomas S - H&I CO-Facilitator

**Report Concluded at 3:13pm**

**Public Relations –**

He was elected a facilitator and the next day he resigned. Stephanie will not be renewing her term as well after 2 years. She emailed GEO to find the credentials to log on and stop the autopay.



Phone Line Facilitator Tony –

Currently, whoever answers the phone first covers the shift, allowing up to five people per shift. Over a recent two-month trial, I received 44 calls myself, while some people on the phone line never got any recalls. The reporting system only shows how many calls were missed, not which shift missed them. We're still resolving issues with missed calls, phone.com access, the Spanish-speaking line, and voicemails. Anyone interested in volunteering, even for just an hour a week, is welcome—please contact me if you'd like to help. I'm reaching out to current volunteers to confirm their shifts and share updates. Additionally, I've noticed that some incoming calls appear as telemarketers, which might prevent people from answering, and we're working on fixing this and other issues.

### **Welcome New GSRs**

#### **Irene – AGSR Far Out Group**

### **Group Reports**

Amy – Searching and fearless woman.

10-15 attending.

Timothy Clean and Free-

Potluck, November 11, 6:30pm.

Suzy Q from NY

Toby Regeneration X –

We need anyone looking for sponsors to attend.

Michael – Our Gift

Good Coffee, Change time to 7pm.

Alan – Freedom Group

6pm Lit study group, last Friday is birthday

Dylan – Non-Fiction Addiction

Treatment centers pop in. Gave \$75 to area, and

Robert - We can



They do not let small kids, Ring door bell. Lit study with basic text. Bring Basic Text

Alex – Twister Sisters

New homegroup member, 7<sup>th</sup> tradition paid for rent.

Noah – Here and Now

ASL interpreted meeting, donated 95 and collected 92 for ASL interpreter fund.

### **Old Business-**

### **New Business –**

### **Elections-**

Co-Recorder: No nominations

Co-Facilitator:

Facilitator for TBRCNA Convention 27

Chris I'm reaching out because I've had trouble joining this group since last fall, and would like to nominate myself as a facilitator for the 27th Region event, which will be co-hosted by CTANA in Austin. I believe a local facilitator is important, and I'm hoping others step up—though it seems unlikely, so I'm volunteering. Should this require qualifications, I've facilitated the regional convention before and plan to use a proven process that many agree works well. Several people are interested in subcommittee chair roles, giving us a good chance for a successful convention. However, without a Home group, I wasn't sure how to proceed.

Chris wins the nomination.

Co-Facilitator: No Nominations

**Next ASC Meeting November 2, 2025**

**Meeting concluded at 4:08pm**