

January Area Service Committee Minutes January 5, 2025

I. 2:00 P.M. MEETING OPEN BY SEAN F (FACILITATOR)

READING OF SERVICE PRAYER, TRADITIONS AND CONCEPTS.

II. ROLL CALL

Executive Body	Servants	
Facilitator	Sean F	Present
Co-facilitator	Todd B	Present
Recorder	Toby	Present
Co-recorder		Vacant
Treasurer	Joey G	Present
Assistant Treasurer		Vacant
RCMI	Karla L	Present
RCMII	Cecilia	Present
<u>Subcommittees</u>		
Activities		Vacant
Common Welfare	Anel	Present
H&I	Tasha	Present
Literature Bank	Sarah P.	Present
Assistant Literature Bank	Jonathen – Interim	Present
Policy	Patrick H – Interim	Present
Public Relations		Vacant

Groups	Attendance
1. Another Chance	A
2. Breakfast Club	A
3. Clean and Free	A
4. Clean House	A
5. Courage to Change	P
6. DesencadeNAdos	P
7. Eastside	P
8. El Nuevo Camino	P
9. Far Out	P
10. Freedom Group	P
11. Here and Now	P
12. Hill Country	P
13. Just for Today	A
14. Just for Tonight	P
15. Manor Meeting Makers	P
16. Men at Work	P
17. Miracles and Solutions	P
18. More Will Be Revealed	P
19. Never Alone	A
20. New Beginnings	P
21. New Hope	P

22. New Way of Living	A
23. Non-Fiction Addiction	P
24. Our Gift	P
25. Out and about	P
26. Primary Purpose	P
27. Recovery At the Ranch	A
28. Regeneration X	P
29. Right Stuff	A
30. Searching and Fearless Women	P
31. Serenity First	P
32. Serenity the NA Way	P
33. South Austin Recovery	P
34. Spiritual Mechanics	P
35. Spiritual Seekers	P
36. Stay N Change	P
37. The Twelve Steps to Freedom	P
38. Tuesday at Last	P
39. Twisted Sisters	A
40. Willingness To Try	P
41. Young, Clean, and Free	P
42. Choices	P
43. Last Chance	P

Groups Active in Area 43.

Groups Present 32

Number of groups for conscience 26

III. REPORTS

B. Administrative Body Reports

1. Facilitator – Sean F

- Honored to be of service to the area. We have one proposal we will discuss this later in the meeting.
- Reading of policy section two. Goes over procedures for a smooth meeting.

Report concluded 2:18pm

2. Co-Facilitator – Todd B

Hello all, I am Todd, and I am addicted to service. I am very excited to be back in service to this area and this life saving fellowship, and I am happy to say that most of our subcommittees, even though they are small, are mighty and thriving, with the one exception being activities. I hope we can get a few more people to participate at the subcommittee level to help make 2025 an amazing year for CTANA.

Are there any recommendations from the body to get more participation at activities? I cannot run it by myself. Perhaps a door prize, or some eggs (raw or boiled)? Maybe free tattoos done by an untrained artist? Doesn't everyone have that one questionable tattoo, or maybe 5 of them?

I attended all 4 subcommittees and facilitated 2 of them and am proud of the work I see being done. Common Welfare and H&I both have some amazing leadership and participation BUT they could always use more support. Common Welfare meets at a time when I have a preexisting commitment so I will not be able to attend their meeting in person going forward, but I will reach out to Anel outside of their meeting to see if I can support in any way.

As for administrative duties, Joey, Toby, and I were able to get Joey, and I listed as signers on the ASC bank account even though Toby picked the only Chase bank with horrible parking. Thanks a lot TOBIAS!
I believe I was supposed to get a key to the ASC mailbox, but I am unsure who to get that from, so I will wait for directions.

Report concluded at 2:20pm

3. **Recorder – Toby**

- Report is the last month's meeting minutes
- Please speak clearly during Group Reports.

Report concluded at 2:23pm.

4. **Treasurer – Joey**

CTANA Treasurer's Report - Dec 2024

CHECK BOOK RECONCILIATION:

Chase Ending Balance per Bank statement as of 12/31/24: 10,067.65

There are no outstanding checks or deposits to reconcile.

(PER BANK ONLINE)

Pay Pal Balance as of 12/31/24: \$0

(PER STATEMENT ONLINE)

Of the \$10,067.65 reconciled ending balance and \$0 Pay Pal Balance, \$1,750 is set aside for prudent reserve.

The available amount to spend in Chase and PayPal accounts is 8317.65

Total receipts for the month of Dec 2024 were \$6871.02 including \$947.57 from



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Group 7th Traditions via cash, \$35.00 from Area 7th Tradition, \$535.60 via pay pal, \$928.84 for Literature orders.

**H&I Holiday Book Drive
DONATIONS**

\$1411.44 received via Square

\$1329.00 via cash

\$145.17 via PayPal

TOTAL: 2885.61

AUCTION

\$265.00 cash

\$958.40 via Square

TOTAL: 1223.40

Total money received at the Holiday Function was 4109.01

Total expenses for the month of Nov 2024 were \$1043.59

NAWS Literature order =
860.62

Extra Space Storage =
149.00

Phone.com = 33.97

A. QUESTIONS –

Kent – when you saying you have a working capital does that include the order from H&I.

Todd – We must send a check to region every 3 months.

Report concluded at 2:30pm

5. RCM 1 – Karla

In my last report, I mentioned the nominations from the most recent region convention. Here

are the results:

- TBRCNA 2026 Facilitator: Victoria C.
- TBRCNA 2026 Co-Facilitator: Gilbert L.
- TBRCNA 2026 Treasurer: Position remains vacant.

The next meeting will be held virtually on January 11.

The next CAR/CAT will be held virtually on January 11, all GSRs are encouraged to come. A tally sheet to collect responses to the 12 motions for consideration are linked here, <https://tbrcarsurvey.org/>

Additionally, the upcoming TBRCNA 2025 will take place on February 14, 15, and 16, 2025. For more information or to register, please visit the official website: <https://tbrdna.org/>.

Report Concluded at 2:33pm

6. RCM 2 – Ceci

- No report. New RCM 2. Next Region meeting in February.

7. Policy – Patrick Interim

- No changes during the month of December.
- Last month as Policy Facilitator

Report Concluded at 2:37pm

8. Literature Bank – Jonathan and Sarah

- Beginning Inventory: \$4,608.14
- Please pay by Money Order, or Cash (Exact change).

- Lit Bank opens before Area begins (typically around 1:30 pm) and runs through the opening half of Area.
- Once Lit Bank is done processing all the orders, and turns money over to the Treasurer, Lit Bank is then closed - for Inventory may be taken.
- If you have not received your order by the end of Area, please come pick up your filled order at the literature table.
- Our goal is to simplify Lit Bank operations, therefore 70+% of the work will be carried out on the day of Area.
 - We will only fill orders first half of Area
 - We will typically process the NAWS order on the day of Area (or within a reasonable time frame).
 - Inventory will be conducted during Area (once monies are turned over to the Treasurer).
 - We will not be accepting emergency orders. Any orders which are not in before close of Area will have to wait till the next Area meeting.

When ordering literature, please go to the CTANA.org website and go to “Downloads” at the top right hand of your screen. Then scroll down to “Service Area Group” files and choose “CTANA literature order form”.

When you are done filling out your order, please send it to literature@ctana.org. If you need help with ordering, get with me via email, text, or phone BEFORE Area Service.

Lit Chair Sarah P e-mail: literature@ctana.org

NAWS ORDER

NET order	\$960.60
Less Discount	-\$61.50
Shipping	\$80
TOTAL	\$979.10

Report Concluded at 2:40pm

V. SUBCOMMITTEES

1. **Activities – Vacant Filled in by Todd**

There were 2 in attendance counting myself and Stephanie F., who was there to help with technology. Nothing was planned. Next activity according to area policy is the NA Camp Out on April 4-6, which is ran by Tony C. Activities only helps with food and background support as this event has been run by the camping weirdos since its inception around 2012-13. Unity Day used to be in spring but got moved to match with world Unity Day. We need an event earlier in the year, but with no one showing up, I cannot plan anything on my own.

A couple events I was thinking about other than the 5 events required by policy would be a home group family feud, a bowling night, or a skate night. If anyone wants to help plan these events, please come to the January Subcommittee meeting on January 26th at 1PM.

Questions:

Anel – we had some donations to the items to holiday book drive, but we not auctioned off.

Tony – Items were put in storage.

Anel – Gift cards were left home

Kari will check on that and report back next month.

Report Concluded at 2:45pm

2. Public Relations – Vacant filled in by Todd

There were 9 people in attendance. Some of which just showed up early for H&I, but they got counted!

-Web servant report: Stephanie F is the coordinator. All info is up to date on website.

One new group added, it's called Choices, starting January 5th.

-Phoneline Report- All positions are full; Tony C is the coordinator. They are looking at a new phone line system to save money. More info to be revealed at the next meeting January 26th at 2PM.

-Outreach Report- Vacant

-PI Report-Ruby is PI Coordinator, but was not in attendance, and provided no report. I was made aware that she has most of the PI materials such as banner and various literature, as she has been performing quite a few PI events. I do not know which ones though.

Patsy the Region PR Facilitator brought the idea of changing the "Outreach" position to "Fellowship Development". I have included the flyer explaining it with this report and invited her to the ASC to explain.

Region PR meets January 12 @ 4:30 via zoom.

Elections: Brandon L. was elected as co-facilitator

This subcommittee is almost complete, so anyone who takes the position of PR Facilitator will come into a very positive situation.

All in all, I am excited for 2025 for myself and this area. We just need a few more folks

to step up, or a lot more, which would be awesome.

Patsy – outreach, phoneline, PI are under PR. Speaking on fellowship development. PR works with the public to build relationships outside to show that NA is viable option to recovery

Fellowship development is to development the member. Workshops are an example of fellowship development. Reading from Fellowship Development.

Please make copies of the flyer and have them out on the table at your groups.

We have changed the term outreach to fellowship development because it encompasses much more.

There is a task we are asking PR to gather contacts and emails of the professionals in our area. There was a packet sent that out has the instructions on how to set up the spreadsheet for the information that the region is asking for.

If you are thinking of being of service, there are resources that are available at region.

How we talk to the public determines how NA is looked at.

Patsy's Information.

My email: Pr@tbrna.org

Phone number: 512-954-8070

Report Concluded at 2:50pm

3. Common Welfare – Anel

CW met on 1/2/25 on Zoom with 7 people in attendance. We are grateful to announce Leanne M. was elected co-facilitator for CW

The potential need for further clarification of Consensus Based Decision Making at Area was brought to our attention. We discussed options but would like to hear from the GSRs on what would be the most helpful.

Todd B. shared the change in terminology included in Fellowship Development. We look forward to learning more about the initiative and would like to extend our support to PR in any way that is needed.

In previous research on ASL interpreters, the options through Travis County were unavailable at this time. They had already extended their resources to another fellowship. The cost for professional services were quoted at \$200-400+ per meeting, with multiple variables affecting the cost. CW shares in the excitement for the volunteer interpreter at Here and Now, but also agrees with the fact that we need a backup or more permanent solution. Before any further research can be done, Area needs to determine if a dedicated dollar amount can be fit into our budget.

We are currently exploring goals for 2025 and would love to hear from groups on any suggestions they may have.

Questions –

Report Concluded at 3:08pm

4. **H&I – Tasha**

1. Positions that are open on the H&I Subcommittee:

○ Co-Facilitator

Requirements are:

- 2 years clean, working the steps with an NA sponsor and attending meetings
- Must attend all H&I Subcommittee Meetings
- Must attend at least 2 H&I Speaker Meetings a month
- Is a 2-year commitment

○ Literature

■ Requirements are:

- 2 years clean, working the steps with an NA sponsor and attending meetings
- Must attend all H&I Subcommittee Meetings
- Is a 1-year commitment

2. We are always needing Volunteers:

- H&I Policy: <https://ctana.org/HospitalsAndInstitutionsPolicyJuly2023.pdf>
- H&I Orientation Packet:
<https://ctana.org/HospitalsAndInstitutionsOrientationPacketMay2023.pdf>

○ H&I Volunteer Service Opportunities (Facilities that need Speakers):
https://ctana.org/H_I-FACILITIES_09_24_2023.pdf

○ Requirements are:

- Minimum 6 months clean, working the steps with an NA sponsor and attending meetings
- Must be orientated (only do once every 2 yrs)
- Understand the NA clarity Statement

3. H&I Subcommittee Meeting Info:

- Meets last Sunday of the month
- Orientation is from 3:00pm to 3:30pm
 - Only come in for Orientation the one time.
- Subcommittee meeting 3:30pm to 4:30pm
- H&I Subcommittee Info and Virtual Link:
<https://ctana.org/committees/hospitals-and-institutions-subcommittee/>

4. H&I Literature Order Report:

- \$521.77 for January order from Area Lit Bank

5. H&I Book Drive amount made from donations and silent auction: \$4,090.21.

○ We will be ordering 11 cases of Basic Texts directly from NAWS with the H&I Book drive money.

- We do not get charged sales tax since we are not located in CA.
- The books will be shipped to Tony C's address, and we can arrange to get them to the CTANA storage unit from there. Will need key / code from Sean.
- The invoice will come directly to CTANA, either emailed or mailed to the treasurer at CTANA.
- The breakdown is:
 - 5 cases (120 books) of hard cover which have 24/case
=\$1,632
 - 6 cases (168 books) of soft cover which have 28/case. =\$2,284.80
- Original Total = \$3,916.80
- - 339.46 (8% discount)
- Total After discount = \$3,577.34
- +314.46 (8% shipping)

- Final Total = \$3,891.80

6. We had a lot of our Coordinators move around to different Facilities and as of now all facilities have a Coordinator.

- We decided as a subcommittee to let go of the facility, Willow Springs, due to not enough people to volunteer to cover it. We also had issues with the facility communicating and getting involvement from the residents.
- We also lost one other facility, Bluebonnet Trails, due to them closing because they did not have enough funds to stay open.

Report Conclude at 3:12pm

IV. GROUPS

1. New GSRs

Sydney – Willingness to Try

Cythia – AGSR Searching and Fearless Women

Amy – Searching and Fearless Women

Ross – Men at Work

Will – Spiritual Seekers

Ana – AGSR Spiritual Seekers

Arbor - Courage to Change

Allison – More will be revealed

Lynette – AGSR Miracle and Solutions

Ryan – AGSR Twelves steps to freedom

B. REPORTS – GROUPS

1. Shannon – Choices
At Pecan Gardens
Sunday @ 6pm

2. Amy P – Searching and Fearless Women
Meet at 11am, Sunday
We welcome anyone who identifies as a woman.

Juan – El Nuevo Camino
We need support
Saturday 6-7 at 5555 N Lamar Blvd H-103

James – Miracles and Solutions
March 15 speaker jam to raise money.
We would like to involve other groups.

Jayne – Activities chair for the group, event called Taste of NA. We would like other groups to be involved. Groups will bring different food and invite speakers from other groups.
Contact number 512-576-2267 for Jayne

Tony – Serenity the NA
14 Jan Travis Y will be speaking.
7:15 meet in Georgetown.

Tony – Here and Now
Wed at 7:30
Birthday night next week
ASL Meeting

Micheal – Our Gift
730-830 on Thursday
We need support and we have good coffee.

Kari – Last Chance
New group in Leander

Room is completely NA
Wednesday at 7pm
804 Leander Dr
Leander, TX
Start January 22nd

Open Forum Discussion

Myron – Discussion on the basket.

Robin – Discussion on the past budget and treasure experience.

James – Speaks

Proposals

Proposal:

Amendment to CTANA Policy Section I

Any group not present for three consecutive ASC meetings shall be removed from the CTANA meeting schedule, effective immediately after the third absence.

Justification

This amendment is proposed to ensure that all recognized groups remain active participants within the CTANA Area Service Committee (ASC). Groups are granted privileges, such as representation at ASC meetings, inclusion on the CTANA meeting schedule, and other services, with the understanding that they will maintain consistent participation. When a group misses multiple consecutive meetings, it impedes the work of the ASC and affects the overall functioning of the service body.

By introducing a policy that removes groups after three consecutive absences, the CTANA will encourage greater accountability and engagement from groups. This will also streamline the process, preventing unnecessary listings of inactive groups on the schedule and ensuring that all listed groups are committed to attending and contributing to the ASC's activities.

Additionally, this policy will allow CTANA to focus its resources on active and engaged groups while maintaining clarity and effectiveness in its operations.

Block by New Beginnings

2025-01-01 Response from the New Beginnings group of NA (Mondays 6:30-7:30pm at RFATX)

to the policy proposal that ‘Any group not present for three consecutive ASC meetings shall be

removed from the CTANA meeting schedule, effective immediately after the third absence’:

Decision:

Our group has come to consensus to block this policy proposal. This policy proposal goes

against core values and traditions in our fellowship. This proposal would create barriers to

addicts seeking recovery out of a misguided effort to encourage participation at the ASC from

groups in our area.

We agree that increasing participation at the area level is desirable, but this proposal is not the

way to work toward that goal. Our group urges the CTANA service body to invest in finding

solutions to support isolated, alienated and struggling groups. We have provided a couple

of suggested solutions below, one of which was already discussed during the Area Inventory

Process.**Justification:**

1. Tradition 4 states that: ‘Each group should be autonomous except in matters affecting other groups or NA as a whole.’

The justification given for the policy proposal states that ‘When a group misses multiple consecutive meetings, it impedes the work of the ASC and affects the overall functioning of the service body.’

While we understand that increasing participation at the ASC is always desirable, a group being absent does not prevent the ASC from reaching consensus according to the CTANA policy. In addition, a group not being present at ASC does not impact other groups directly. One could argue that groups being absent from ASC negatively impacts

NA as a whole, but we would argue that removing groups from the meeting list would impact NA as a whole in a far more negative way by preventing recovering addicts from finding meetings

2. Tradition 5 states that: ‘Each group has but one primary purpose – to carry the message to the addict who still suffers.’ The CTANA meeting list is the primary means by which addicts seeking recovery find meetings/groups. Taking actively meeting groups off the meeting list will unnecessarily limit access to NA meetings. If the ASC can confirm that a group is no longer meeting, then of course that meeting should be removed from the meeting list. Lack of attendance at ASC for three consecutive months is not an indication of whether a group is actively meeting.

3. Tradition 9 states that: ‘NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.’ The ASC is there to serve the groups and addicts seeking recovery. If a group is not able to attend the ASC consistently, then the ASC ought to be responsible for offering support and discernment to see what that group needs to be able to participate consistently at the area level.

4. Concepts 2, 3, and 12 are also relevant - this proposal very clearly aligns with a top-down power structure where the area dictates whether a group is accessible to

addicts seeking recovery. Our concepts are clear that this organization exists to serve the groups, and ultimately addicts seeking recovery, not the other way around.

5. There's a simple saying: 'you catch more flies with honey than vinegar' - if the goal of the ASC is to increase group participation at ASC, then this proposal is misguided. This policy being proposed would disproportionately impact groups that are struggling and in need of support at the service level. Many home groups do not have sufficient members to have alternate GSRs. In addition, the ASC has not been able to materially help struggling groups by organizing a system to provide support to struggling groups. We ask that the ASC service body brainstorm ideas to improve outreach to the groups in CTANA. Two ideas our group can offer:

- a. Add a banner at the top of the meeting list at ctana.org with an updated list of the meetings which need support, and/or highlight those meetings on the meeting list on the website and on printed meeting lists.
- b. Ask a GSR present at every ASC meeting to volunteer to take note of struggling groups asking for help at the meeting and make a list of meetings that need support including date/time/address and email it out to the CTANA mailing list after every ASC. This list could also be made into a flyer posted on ctana.org

Sean accepts the block.

This proposal does not go any further.

Kent as has a discrepancy on the order of proposal.

Elections:

Co-recorder – No nominations

Public Relations – No nominations

Activities – No nominations



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Ast. Treasurer – No nominations

Policy – Nomination of Robin C.

Qualifies herself

Robin is elected at 4:11pm

Next meeting: February 2, 2025, at RFATX.

Meeting adjourned at 4:13pm

Saturday,
November 9,
2024

TODAY NEWS

Just for Today

Public Relations and Fellowship Development

www.na.org

Public Relations

The Narcotics Anonymous message is "that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live." Our relations with the public enable us to share this message broadly so that those who might benefit from our program of recovery can find us.

We perform public relations services to increase the awareness and credibility of the NA program. We share our message openly with the public at large, with prospective members, and with professionals. Maintaining an open, attractive attitude in these efforts helps us to create and improve relationships with those outside the fellowship. Establishing and maintaining a commitment to these relationships can help us to further our primary purpose.

The spiritual principles, of our steps, traditions, and concepts guide us in pursuing our public relations aims and our efforts to enhance NA's public image and reputation. These principles apply to our community and service efforts as well as to the personal behavior and attitude of individual members.

Public Relations simply means taking a more conscientious approach to the relationships we create with the public and members.



We are taking the steps to be of service, one workshop, one meeting, one service day at a time. Everyone is welcome.

www.tbma.org

Fellowship Development

Providing supportive services to any NA member, group, service body, or NA community in need. The goal of any fellowship development effort is to communicate with and assist NA members and groups.

There seems to be a variety of ways to implement fellowship development. One way is for area service committees to reach out to individual groups or neighboring areas that have asked for their support.

Another type of fellowship development is provided by regions and zones. These service structures often approach fellowship development in a comprehensive and coordinated fashion. Planning and prioritizing take on every significance in these more complex efforts.

Fellowship development allows us to practice public relations with our members.



Best Practices for Fellowship Development Service.

Planning is essential. Regular communication through email and phone calls is often the only way to maintain ongoing communication. Visit remote groups and areas.

Workshops and learning days are useful tools for strengthening groups and areas. Examples: What is a home group? Provide orientation for group service representatives, concepts, traditions, and How to do service work, policy review, area, and group inventories, sending literature to remote groups and areas, etc.

Members can also support recovery and service meetings by attending them regularly.

Regardless of how an area coordinates services, supporting other members and groups is the responsibility of the entire area.

Contact Patsy P., at pr@tbma.org for workshops, more information, and PR meeting information for the region.

Public Relations

Public Relations simply means taking a more conscientious approach to the relationships we create with the public and members.

Twelfth Concept of NA Service

Effective leadership is highly valued in Narcotics Anonymous Leadership quality should be carefully considered when selecting trusted servants.

Fellowship Development

Providing supportive services to any NA member, group, service body, or NA community in need. The goal of any fellowship development effort is to communicate with and assist NA members and groups.



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