

November

Area Service Committee Minutes

November 3, 2024

I. 2:00 P.M. MEETING OPEN BY MONICA (FACILITATOR)

READING OF SERVICE PRAYER, TRADITIONS AND CONCEPTS.

II. ROLL CALL

Executive Body	Servants	
Facilitator	Monica C	Present
Co-facilitator	Sean F	Present
Recorder	Toby	Present
Co-recorder		Vacant
Treasurer	Robin C	Present
Assistant Treasurer	Joey G	Present
RCMI	David P	Present
RCMII	Karla L	Present
Subcommittees		
Activities	Nicole C	Present
Common Welfare	Anel	Present
H&I	Tony C	Present
Literature Bank	Jonathan F	Present
Assistant Literature Bank	Sarah P.	Present
Policy	Patrick H	Present
Public Relations	Ann Marie M.	Present

Groups	Attendance
Another Chance	P
Breakfast Club	A
Clean and Free	A
Clean House	A
Courage to Change	P
DesencadeNAdos	A
Eastside	P
El Nuevo Camino	A
Far Out	P

Freedom Group	P
Here and Now	P
Hill Country	A
Just for Today	P
Just for Tonight	P
Manor Meeting Makers	P
Men at Work	P
Miracles and Solutions	P
More will be revealed	A
Never Alone	A
New Beginnings	P
New Hope	P
New Way of Living	A
Non-Fiction Addiction	P
Our Gift	P
Out and about	P
Primary Purpose	P
Recovery at the ranch	A
Regeneration X	P
Right Stuff	A
Searching and Fearless Women	A
Serenity the NA Way	P
Serenity First	P
South Austin Recovery	A
Spiritual Mechanics	P
Spiritual Seekers	P
Stay N Change	A
The Ties That Binds	P
The Twelve Steps to Freedom	P
Tuesday at Last	A
Twisted Sisters	A
Willingness To Try	P
Young, Clean, and Free	P

Group Total 38

Group Consensus is achieved with 23

III. REPORTS

B. Administrative Body Reports

1. Facilitator – Monica

- Goes over how conscience in the area that works.
- Establishing conscience on the meeting minutes from the October 24' ASC meeting.
- Richard block the original October meeting minutes because of typo on the policy.

- Update has been sent out at 2:20pm

-Thank you for allowing me the opportunity to serve the Central Texas Area of Narcotics Anonymous (CTANA). It is truly an honor and privilege to serve this area, and I am grateful for the trust you have placed in me, and I am committed to fostering an atmosphere of collaboration and compassion. Together, we can continue to make a positive impact and strengthen our fellowship.

- November Policy Update

This policy update was initially submitted by Patrick after the October ASC, and now we need to review and establish consensus for approval. The policy has already been completed, and this step is to finalize its acceptance by the body. For transparency's sake, Patrick added the word "basket" after "ASC 7th Tradition" to clarify the intent of the sentence. Below is the exact wording, in bold, under Section 14 Accounting and Finance:

- ASC 7th Tradition Basket

Proceeds collected are used to support the area's operations and services. As part of the old business to be discussed and taken back to the groups for consensus, we have two new proposals from the recent Regional Service Meeting. Please see the summaries below:

-New Proposal #5

Proposal for TBRNA Policy regarding behavior based on CBDM, Concepts of Service, and TBRNA Policy. This proposal suggests the inclusion of guidelines for conduct during regional meetings, as the current TBRNA policy does not address behavior. This is considering ongoing discussions regarding Disruptive and Predatory Behavior.

Key points of the proposal:

1. Mutual respect is the expected standard of conduct during the regional

meeting.

2. Key concepts regarding conduct include:

- a. Remarks should focus on clarifying and understanding proposals.
- b. Avoid repeating what has already been said during discussions.
- c. Proposal discussions will be closed by the Facilitator.
- d. No attacks on another member's motives.
- e. Raise your hand to be recognized by the Facilitator before speaking.
- f. Avoid speaking against a pending idea or your own idea.
- g. If the Facilitator interrupts, you must yield the floor.
- h. Do not disturb the body.
- i. A time limit may be set by the Facilitator with the body's consent.

Area Group Conscience at 2:32pm – Passes and will be taken back to TBRNA

New Proposal #7 from Michael C.

This proposal suggests increasing the current food allowance for travel from \$50 per day to \$75 per day.

- The current wording in TBRNA policy states: "Food allocation for travel out of the Region to represent TBRNA is \$50.00 maximum per day for persons approved before travel." This proposal suggests that the amount should be increased to \$75/day.
- Please review these proposals within your groups and bring your group's consensus to the November ASC meeting.

Groups opposed

- Travis – Far Out – To much money
- Ruby – The Ties That bind- To much money
- Cleto – No Fiction Addiction – To much money
- D'Ann – Just for Today – Not paying for service
- Micheal – Our Gift –
- Tony – Here and Now
- Stephanie – Manor Meeting Makers

Rey – Men at work – Its hard to eat three meals a day at \$50

The conscience of the area is to keep the regional food allowance at what it is.

David – if the proposal doesn't pass then the area can make a proposal to region or make an amendment.

- Monica is asking for \$11 for the sharpies purchase for the area.
- Passes 2:50pm

Report concluded at 2:55pm

Co-Facilitator – Sean

Hello everyone. There is not much to report for this month. The subcommittees still seem to have low attendance. The members supporting the subcommittees, and this area, are showing their gratitude to helping the still suffering addict. I too am grateful.

Thanks for allowing me to be of service...

Report concluded at 2:56pm

2. Recorder – Toby

- One member pointed out that subcommittee reports are not attached to

Report concluded at 2:58pm

3. Treasurer – Robin

CTANA Treasurer's Report – OCT 2024

CHECK BOOK RECONCILIATION:

Chase Ending Balance per Bank statement as of 10/31/24: \$4,093.85
(PER BANK ONLINE)

Pay Pal Balance as of 9/30/24: \$0
(PER STATEMENT ONLINE)

Of the \$4,093.85 reconciled ending balance and \$0 Pay Pal Balance, \$0, \$1,750 is set aside for prudent reserve.

The available amount to spend in Chase and PayPal accounts is \$2,243.85.
Total receipts for the month of Oct 2024 were \$2,600.12 including \$643.00 from Group 7th Traditions via cash, \$91.60 from Area 7th Tradition, \$492.12 via pay pal, \$541.70 returned funds from Activities, and \$831.70 for Literature orders.

Total expenses for the month of Oct 2024 were \$5,417.28, Ck#4565 650.00 for The Holiday Party and Learning Day, \$40.43 for phone.com, \$266.86 for Sales Tax, \$3.636.64 for literature

order, \$149. for Extra Space Rental, \$320.00 for RFATX \$120 for H&I, ASC, PR, Activities, and Storage room fees for August Fees, and RFATX \$130 H&I, ASC, PR, Activities, Common Welfare and Storage room fees for September Fees, \$74.65, and \$324.70 for the Storage Cabinets for Lit Bank, and \$25 for Stat Counter.

Coming up.. I did mention that we have \$2,243.85 available after the prudent reserve but. I will be paying TBRNA \$705.24 for our 3rd Quarter Donations upon approval this week. This is normally 15% of our 7th traditions and I would like to ask if we can reduce the amount, due to the amount we have available in our account.

We also have an upcoming NAWS bill for literature for \$1,086.80, so please keep that in mind when requesting funds today.

On the Average we are taking in \$1430 a month for 7th traditions this year, per month.

⇒ **Last month we spent around \$5000**

That gives our area as a whole \$17168 in total to spend on H&I, Activities, Public Relations, Phone lines, Websites, room rentals, Storage, donations to Region, and World.

7th Traditions given

Nov 23 \$1,166 May 24 \$1,361

Dec 23 \$1,582 June 24 \$1,048

Jan 24 \$2,196. July 24 \$2,144

Feb 24 \$1,064 Aug 24 \$1,480

Mar 24 \$1,662 Sept 24 \$1,373

Apr 24 \$1,901 Oct 24 \$1,135

If you have any receipts for the past checks I have cut or credit card payments, please turn them into me. If you have any unused funds, please turn them into Area.

GSR's please let the groups know the importance of giving to the 7th traditions so that we can continue to carry the message and hold events.

Do we want to give our 15% donation to TBRNA? That \$705.24

Discussion

Patrick – 14.23 the treasure shall disperse 15% of the 7th tradition.

Nichole- State all in favor of having a budget

Texas – Did you send out the email

Richard – We have a well intention servant in this role.

Ruby – When was that policy created? ---two years ago

Ann Marie – RFATX is pulling money from the area with their fundraisers

Rafael – Suggestion 15% unless we are below above a certain amount.

Christian – Have we tapped into our prudent reserve

Travis – how much can we donate comfortably

Monica – Do we oppose donating \$500

Travis – let's wait until the other reports come in.

More discussion

Report Concluded at 3:34pm

4. **RCM 1 – David P**

Hi Family,

You can find more information about upcoming events at

[Upcoming Event](#)

The next RSC will be Autumn 2024 Regional Service Conference

November 9, 2024

Address:

14805 TX-36

Somerville, TX 77879

Zoom link and info in email.

1. Proposals directed to be taken back for Group consensus.

New Proposal #5 From Patsy P. in her report.

Proposal for TBRNA Policy regarding behavior based on CBDM, Concepts of Service, and TBRNA Policy

1. Mutual respect is the expected standard of conduct during the Regional meeting.
2. Some important concepts regarding conduct are:
 - A. Remarks must be confined to clarifying and understanding the proposal.
 - B. We cannot repeat what's already been said during the proposal discussion.
 - C. Proposal discussions will be closed by the Facilitator.
 - D. Another members motives may not be attacked.
 - E. To speak, please raise your hand to be recognized by the Facilitator.
 - F. Refrain from speaking adversely about an idea that is not pending.
 - G. Refrain from speaking against your idea.
 - H. If the Facilitator interrupts, you must yield the floor.

- I. You must not disturb the body.
- J. A time limit on a particular subject may be implemented by the Facilitator with the consent of the regional body.

I reviewed the current TBRNA policy. I did not see anything that references behavior. Since we are Discussing Disruptive and Predatory Behavior, I believe it would be appropriate to suggest this verbiage to the policy.

1 RCM wanted this to go back to the groups, this was 20% of 7 RCMs present

New Proposal #7 From Michael C from Tom K's report.

Propose that the food allowance for travel be up from \$50.00 a day to \$75.00 a day.
From Tom's report: I noticed Rubens food receipts for all three days of SZF exceeded the \$50/day food allowance. In today's financial climate I think the Region should consider increasing the allowance.

Current Wording: Food allocation for travel out of the Region to represent TBRSC is \$50.00 maximum per day for people approved before travel. We shouldn't require servants to eat bologna sandwiches.

- 2 RCM's asked for this to go back to the Groups.
- 2. Information provided by the Regional Delegate Team.
Refer to minutes.
 - 3. Information and meeting dates of Regional Subcommittees.
- Can be found on website.
 - 4. Administrative business decisions conducted by the Region.
None since last meeting.
 - 5. Information and events from other Areas in the Region.
- Information can be found in minutes.

You can visit <https://tbrna.org/events> for events going on in the region.

Coastal Bend: <https://cbana.org/> for details.

Houston: <https://hascona.com/meeting-tabs/> for details.

Northside: <https://nascona.org/> for details

Esperanza: <https://eanaonline.org/> for details.

Freedom: <https://nafreedom.org/> for details.

Hill Country: <https://hillcountryna.org/> for details.

Secured the permit to host ROAR 2024 in Cypress Bend Park in New Braunfels, and that is scheduled for 6/8/24. Our PR Chair is also planning on organizing additional poster

events for different communities in our Area.

Southeast: <https://setana.org/south-east-texas-area-narcotics-anonymous> for details.

Tri County: <https://ttcana.net/> for details.

6. Copy of Regional minutes.

- Will send once received.

Current Openings:

I believe Co Treasurer was filled as well but not quite sure.

Report Concluded at 3:35pm

5. **RCM 2 – Karla**

Here are some event happening in our region: Our Gratitude Speaks Annual

Thanksgiving Dinner on Nov. 23,2024 in San Marcos. I provide the link below with more

information. Reminder that Esperanza Area Convention is also coming up, Jan. 17th, 2025. The

link is also provided below. Next regional meeting is Nov. 9

<https://tbrna.org/event/our-gratitude-speaks-annual-thanksgiving-dinner>

<https://tbrna.org/event/esperanza-area-convention-na-x>

Report Concluded @ 3:37pm

6. **Policy – Patrick**

Policy update listed above and in last month meeting minutes.

Report Cocluded @ 3:45pm

7. **Literature Bank – Jonathan and Sarah**

Monthly Report:

- Beginning Inventory: \$5,107.58



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- Please pay by Money Order, or Cash (Exact change).
- Lit Bank opens before Area begins (typically around 1:30 pm), and runs through the opening half of Area.
- Once Lit Bank is done processing all the orders, and turns money over to the Treasurer, Lit Bank is then closed - in order for Inventory may be taken. We will not take orders after 3:00
- If you have not received your order by the end of Area please come pick up your filled order at the literature table.
- Our goal is to simplify Lit Bank operations, therefore 70+% of the work will be carried out on the day of Area.
 - We will only fill orders first half of Area
 - We will typically process the NAWS order on the day of Area (or within a reasonable time frame).
 - Inventory will be conducted during Area (once monies are turned over to the Treasurer).
 - We will not be accepting emergency orders. Any orders which are not in before close of Area will have to wait till the next Area meeting.

* I would like to propose that we increase our prices in the coming year to account for shipping. I'm

suggesting \$0.25 per item. This is because as it stands we are not accounting for shipping costs so

Literature Bank is losing money every Area instead of making back what we spend. The shipping costs



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vary from month to month.

When ordering literature, please go to the CTANA.org website and go to “Downloads” at the top right hand of your

screen. Then scroll down to “Service Area Group” files and choose “CTANA literature order form”. When you are done

filling out your order, please send it to literature@ctana.org. If you need help with ordering, get with me via email, text,

or phone BEFORE Area Service. Our numbers are at the bottom of this report.

NAWS ORDER

NET order \$1060.75

Less Discount -\$68.95

Shipping \$95

TOTAL \$1086.80

Report Concluded @ 3:55pm

IV. GROUPS

A. NEW GSRs

No New GSRs

B. REPORTS – GROUPS**Herman – 12 steps to Recovery**

Will like to be added to the hot list.

Mattie – Another Chance Group

Will be stepping down from GSR has been doing it for 2 years

Rey – Men at work

Thanksgiving dinner on Thanksgiving at 5555 N Lamar Blvd
3-4pm

D'Ann – Just for today

M-F at RFATX

Could use some help to fill in some service positions

Celto – Non-Fiction Addiction

Needs support

New way of Living

December 20th holiday function
Friday 20th 5-10pm
1101 Bluebonnet Dr
Marble Falls, TX 78654

James – Miracles and Solution

Some people were speaking for the group and to make it clear only James and Bobby are the GSRs

Mikey- Our Gift

Ger jacked up on their coffee every Thursday night.

Regeneration X – Toby

We failed to make the donation this month will be posted along with another donation next month.

Ruby – The ties that bind

New group, all our welcome.
Literature donation welcome
Thursday 6:30 to 7:30
3401 Webberville Rd
ACC Building 2000
1st floor



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Christian – Freedom Group

Last Sunday every month is Area birthday group

Ceci – New Beginning

Come and join our meeting

Open Forum Discussion –

**Discussion on the area planning tool –
We did 2 out of 7 steps**

Old business – Area Inventory

New business -

None

V. SUBCOMMITTEES

1. Activities – Nicole

- No money requesting

Our next and last event for the year, our Holiday Party, planning is alive and well. In our last meeting, we decided to combine Learning Day and the Holiday Party together. A digital flyer was sent to the ASC email group for announcements, and we'll do our best to get some printed flyers out in the next week or so. The flyers also include some QR codes for various sign-ups and the actual URL links are posted on the CTANA calendar on the day of the event, December 14th. Please continue to announce the party and the need for volunteers, donations of items for the raffle and silent auction, and side dishes and desserts. We are also seeking other members to assist in cooking hams and/or turkeys. Please contact me or Tony C if you or someone you know can help us with that.

If anyone has any questions about what we're looking for as far as items for the raffle or silent

auction, it's things like jewelry, a block of time or a service you offer professional, tattoos, hair/makeup sessions, artists donating a piece of art, NA merchandise, unused household items (coffee makers, kitchen Knick knacks), wall décor, yard decorations, etc. In other events that I've been to and a part of, individual groups had put together "gift baskets" with a certain "theme" like Baking, Self-care, Recovery Literature, Fun and Games, Journaling, Coffees and Chocolates, Candies, Baby stuff, and all kinds of other creative themes. Please consider bringing this idea back to your groups and doing one for our raffle or silent auction this year. They've been successful in getting the raffle tickets and bids.

Side note: If someone wants to sign up on any of the things we're looking for and don't have access to go online or if they have trouble getting to the signup links, we're asking members to assist them (actually, go to the links on your phones, for example, and get them signed up) so that we get as clear a picture of what we must work with as possible. If anyone has any suggestions as to making the signup link information better or clearer, please don't hesitate to contact me directly. This was the first time I've used the application.

Thank you to those who have been announcing our survey in meetings. We are still receiving responses. Please continue to announce in meetings whenever possible. The feedback we've received so far is still helping us a lot!

Here's the link (again) for the survey in case you'd like to send it out to individuals:
<https://take.supersurvey.com/QV3V5ZR0J>

In our last meeting we also decided to move the monthly activities subcommittee meeting to the last Sunday of the month along with a few of the other subcommittees. It'll be from 12:30pm – 2:00pm. That will be reflected on the CTANA calendar soon!

Amount requested \$500 if needed for the holiday function to request from Robin to use the CC.

Group Conscience passes at 4:30pm

Report concluded at 4:30pm

2. Common Welfare – Anel

- No money requested

We met on October 30th, with 7 people in attendance. We discussed successes and opportunities throughout the year for our yearend report.

Angela O. will be completing her commitment as facilitator in December. The subcommittee gave their vote of confidence to Anel J., co-facilitator to be nominated for the facilitator position.

Spiritual Mechanics has requested a group presentation, CW will work with them to schedule a date. A structured format for group presentations is being finalized.

Report concluded at 4:31pm

3. H&I – Tony C

1. Del Valle Jail needs some help. Anyone willing to either do a virtual meeting Tuesday mornings at 9am please let me know. It would every other Tuesday. Contact Tony C for application.
2. We need a coordinator for Willow Springs in Bastrop which meets the 1st & 3rd Thursday at 7pm. Please spread the word at your home groups.
3. November 24th subcommittee meeting: Almost ALL of our facilities will need new coordinators. Many current coordinators are stepping down or would like to move to another facility. Please come either in person or on zoom to qualify yourself if interested. THE H&I FACILITATORS HANDBOOK with all the requirements needed can be found on the CTANA website under DOWNLOADS. Please spread the word.
4. A SUBCOMMITTEE PROPOSAL from a Coordinator:
That all money collected from the H&I Book Drive be spent immediately to purchase however many cases of Basic Texts we can. The books can be stored in the Area Storage Room where there is plenty of storage space. Our annual ASC budget which will be used for all other lit/materials needed.
PROPOSAL APPROVED UNANIMOUSLY BY CONCENSUS.
If ASC Lit Bank cannot order for us, we can order it ourselves and just pay reduced shipping cost from World Service.
5. FACILITATOR: Tasha C has the VOTE OF CONFIDENCE to be the H&I Facilitator for 2025.
6. NEW FACILITY: I went to Pecan Creek Eldercare this past week. This is a residential housing facility in Cedar Park. They are requesting a meeting there weekly. It is a permanent housing facility with resources for former homeless people. Renovated hotel and very beautiful. Have not discussed this with subcommittee as of yet but it might be better suited as a regular

meeting vs. H&I. If interested in either being Coordinator for this meeting or starting a meeting, there weekly please let me know.

7. Mailbox Key: According to CTANA Policy, the H&I Facilitator will be in possession of one of the keys. We are asking permission that Tony C keep the mailbox key for 2025. He has a great system for Behind the Walls letters requesting sponsors and finding sponsors very quickly. It is also easier for him to get to mailbox every other week. The incoming Facilitator lives in Bastrop.

8. Lit Order this month = \$0

9. Next Regional H&I meeting on zoom today at 7pm.

Subcommittee meeting November 24 @ 3:30pm

Orientation @ 3:00pm

@ 5555 N Lamar RFATX

Report concluded at 4:37pm

4. Public Relations – Ann Marie

CTANA Public Relations Subcommittee Report November 2024

Please note we are nominating David A. as our facilitator for the following year.

The following subcommittee positions were voted in as well.

Outreach - Tom C

PI - Ruby

Phoneline - Tony C

Webmaster - Stephanie F.

IT - Geo

Outreach

The Twelve Steps to Freedom Group of NA was visited.

Ruby, a new member of our committee, provided an NA presence at Booker T. Washington Apartments for National Night Out.

She has also been in communications with ACC's Eastview Campus where a new meeting has now been opened.



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Please email pr@ctana.org one week prior to the area for any future meeting schedule requests as we order them as needed.

Expenses: (Please refer to PRs email for attachment)

I am returning three money orders as reflected below for a total of 468.85

GEO -

The biggest expense is to host the website which is around \$500

We must register the domain that cost annually is \$60 per year. Goes down for 3-to-5-year register.

There will be budget meeting than the proposed budgets will be brought to December ASC meeting.

Report Concluded at 4:47pm

Nominations for the 2025 yr:

Facilitator –

Sean F - accepts nomination

Co-Facilitator –

David P – Declines Nomination

Needs Nomination

Recorder –

Toby – Accepts Nomination

Co-Recorder –

No Nominations

Treasure –

Joey – Accepts Nomination

Assistant Treasure –

No nominations

RCM 1 and 2 –

Karla nomination as RCM 1 – accepted

Richard nomination as RCM 2 – accepted

Policy –

No nominations

Literature Bank Facilitator –

Sara – Accepts nomination

Literature Bank Co- Facilitator –

Jonathan – Accepts nomination

Subcommittees

Activities Facilitator

No nominations

Common Welfare-Facilitator

Anel-Accepts Nomination

Common Welfare-Co Facilitator

Nomination within the committee

Hospitals and Institution Facilitator

Tasha – Accepts Nomination

Public Relations Facilitator

Vote of confidence to David A

Next Area meeting will be on December 8th, 2024 @ 2pm.



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Meeting adjourned at 5:23 pm.